

# SEPTEMBER 2024

## Lanier County Middle/High School

OFFERED DAILY  
 \*\*PB&J UNCRUSTABLE MEAL  
 \*\*HAM & CHEESE SUB MEAL  
 \*\*SALAD BAR



### Monday

Labor Day Holiday **2**

### Tuesday

Spaghetti **3**  
 Bread Stick  
 Garden salad  
 Corn  
 Fruit

### Wednesday

Fried Chicken **4**  
 Mac n cheese  
 Purple eye peas  
 Turnips  
 Roll  
 Fruit

### Thursday

Nachos **5**  
 Cheese sauce  
 Rice & Beans  
 Lettuce/tomatoes  
 Jalapeno/banana peppers  
 Sour cream/taco sauce  
 Fruit

### Friday

Spicy Chicken Sandwich **6**  
 Lettuce/tomato/pickles  
 Fries  
 Carrot snack pack  
 Ranch  
 Fruit

Steak Nuggets **9**  
 Mashed potatoes  
 Gravy  
 Blackeye peas  
 Roll  
 Fruit

Chicken Alfredo **10**  
 Broccoli  
 Carrots  
 Bread stick  
 Fruit

Chicken Fajitas **11**  
 Peppers/onions  
 Cheese  
 Fiesta Corn  
 Jalapeno/banana peppers  
 Sour cream/salsa  
 Chips  
 Fruit

Asian Beef Bowl **12**  
 Noodles  
 Broccoli  
 Onions  
 Roll  
 Yum yum sauce/soy sauce  
 Fruit

Mini Calzone **13**  
 Garden salad  
 Corn  
 Bread stick  
 Marinara sauce  
 Ranch  
 Fruit

Country Fried Steak **16**  
 White gravy  
 Mashed potatoes  
 Baby lima  
 Corn  
 Roll  
 Fruit

Pepperoni Stuffed Crust Pizza **17**  
 Garden salad  
 Green beans  
 Ranch  
 Fruit

Spicy Chicken Tender Wraps **18**  
 Cheese/Salsa  
 Lettuce/tomato  
 Jalapeno/banana peppers  
 Chips  
 Ranch  
 Fruit

Chicken Bites **19**  
 Mashed Potatoes  
 Fresh steamed cabbage  
 Corn  
 Purple hull peas  
 Roll  
 Ranch  
 Fruit

Hamburger **20**  
 Romain Lettuce  
 Tomatoes  
 Pickles  
 Fries  
 Ketchup/Mustard/Mayo  
 Fruit

Buffalo Chicken Tender **23**  
 Baked Potato  
 Broccoli  
 Corn Muffin  
 Butter/sour cream  
 Fruit

Spaghetti **24**  
 Bread Stick  
 Garden salad  
 Corn  
 Fruit

Fried Chicken **25**  
 Mac n cheese  
 Purple eye peas  
 Turnips  
 Roll  
 Fruit

Nachos **26**  
 Cheese sauce  
 Rice & Beans  
 Lettuce/tomatoes  
 Jalapeno/banana peppers  
 Sour cream/taco sauce  
 Fruit

Spicy Chicken Sandwich **27**  
 Lettuce/tomato/pickles  
 Fries  
 Carrot snack pack  
 Ranch  
 Fruit

Steak Nuggets **30**  
 Mashed potatoes  
 Gravy  
 Blackeye peas  
 Roll  
 Fruit



Menu subject to change