



LIBERTY COUNTY HIGH SCHOOL

12852 Co Rd 12
BRISTOL, FL 32321

PHONE: 850-643-2241 – FAX: 850-643

2023 Boys Weightlifting Schedule

<u>Date</u>	<u>Location</u>	<u>Time</u>
Feb 1 st	@ Marianna	4:00 ET
Feb 8 th	Home vs. Sneads, Blountstown	3:30 ET
Feb 15 th	Practice	
Feb 22 nd	@ Blountstown	4:00 ET
Mar 1 st	@ Franklin	3:30 ET
Mar 8 th	Practice	
March 17 th	Guys vs. Gravity (Marianna)	10:00 ET
March 29 th	District Meet @ LC	10:00 ET

Head Coach: Gerald Tranquille