

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Quitman County Schools

QCS Schools

Choice of Milk & Fruit
Served With All Meals

Choice of Cereal & Pop Tart Offered
With All Meals

QCS Early Head Start and Head Start

Milk and Fruit
Served With All Meals

Offer Vs. Serve is a USDA approved form of meal service established to help decrease plate waste and give more freedom of choice to students.

Quitman County Schools utilize Offer Vs. Serve at Breakfast.

Quitman County School District

does not discriminate on the basis of race, color, national origin, sex, sexual orientation, gender, gender identity, age, religion, national origin, or disability in its programs, services, or activities—in access to them, in treatment of individuals, or in any aspect of their operations.

Georgia Harvest of the Month

Squash

Summer, Winter, Pumpkin

2

Honeybun
Juice

3

Cinni
Mini
Raisin

4

Sausage
Biscuit
Juice

5

Muffin
Cheese Stick
Applesauce

6

Breakfast
Pizza
Juice

9

Donut
Cheese Stick
Juice

10

Apple
Frudel
Raisin

11

Sausage
Biscuit
Juice

12

Mini Maple
Pancake IW
Applesauce

13

No
School
Fall Break

16

No
School
Fall Break

17

Pull Apart
Donut
Cheese Stick
Raisin

18

Sausage
Biscuit
Juice

19

Mini
Bagels
Applesauce

20

Chicken
Biscuit
Juice

23

Dutch Waffle
Sausage
Juice

24

Chocolate
Crescent
Raisin

25

Sausage
Biscuit
Juice

26

Cinnamon
Toast Filled Bar
Applesauce

27

Breakfast
Pizza
Juice

30

Pancake
Pup
Juice

31

Mini Loaf
Cheese Stick
Raisin