FISD SCHOOL HEALTH ADVISORY COUNCIL MEETING MINUTES



November 3, 2022, 0900

FISD Board Room

Meeting called to order at 0905 and audio recording started

Quorum established with all members present except Misty Ferguson, Tiffany Allen and Shanta Riddoch

Members present: Danica Hallmark, Jennifer London, Duane NeSmith, Officer Dorsey, Carmen Ryals, Jesse Gentry, Becky Walker, Michelle Prater, Chasity Wages, Tina Owen, Jennifer Miller, Cindy Owens, and Mark Ryals.

Welcome and opening remarks.

Agenda Item #1:

Jennifer Burgdorff and Carla McKenzie with DSHS presentation:

- Reviewed objectives
- Educated on mental health disorders.
 - Covered information on Major Depressive Disorder, Bipolar, Anxiety Disorders, Anger, Self-injury/suicide,
- ACCESS serves the whole community and is located in Jacksonville. They serve Anderson County. www.accessmhmr.org

Teens in the Driver seat, Shattered dreams: Both programs about driving and are hands on.

Programs and Presentations they assist with implementing:

Teens in Mental Health, Suicide/Self Harm, ATV, Water Safety, Coaching Boys into Men, Agricultu Life, Sex Trafficking, Opioid Abuse, Drug Abuse, Teen Pregnancy and much more. ** See Packet distributed.

They also assist with immunization clinics help at your school.

Agenda Item #2:

Announcements, approval of meeting minutes.

Announcements:

- Update on Red Ribbon Week update by Kim McGuffey.
- Kim McGuffey shared ETCADA resources. (East Texas Council on Alcoholism and Drug Abuse)- Website is www.etcada.com

Approval of Meeting minutes. Motion to approve meeting minutes by Michelle Prater. Carmen Ryals seconded the motion. Minutes were approved.

<u>Agenda Item #3:</u>

Health Education: Always Changing and Growing up Education Program

Puberty Education Program

Next meeting agenda reviewed. No additional questions. Next meeting will be held on January 5th, at 9:00 am.

Motion made by Duane NeSmith to adjourn, seconded by Mark Ryals. **Meeting adjourned at 1020 by unanimous vote.**