**2022 Lady Cats Basketball Summer Workout Schedule:**

**\*Make sure to join the summer workout remind in the case that there are any schedule changes. All times are 5-7 PM unless otherwise announced.**

**Monday, June 6th**

**Thursday, June 9th**

**Monday, June 13th**

**Thursday, June 16th**

**Monday, June 20th**

**Thursday, June 23rd**

**Monday, June 27th**

**Thursday, June 30th**

**Thursday, July 7th**

**Monday, July 11th**

**Thursday, July 14th**

**Monday, July 25th**

**Thursday, July 28th**

**\*Any fall workout/practice dates before tryouts will be announced over remind.**