

Fall Cycle Liberty K-8	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>Week 1</b> Daily Special Uncrustable Meal Liberty Fresh  Sides Served Daily*	Crispy Chicken Sandwich PB&J w/ Chz Stick & Goldfish Mama's Italian Sub  Garden Salad / Sweet Corn Milk, Fruit & Baby Carrots	Meaty Cheesy Nachos PB&J w/ Chz Stick & Goldfish Ham & Cheese Chef Salad  Veggie Nibble / Green Beans Milk, Fruit & Baby Carrots	Crispy Chicken Nuggets PB&J w/ Chz Stick & Goldfish Turkey and Cheese Wrap  Garden Salad / Baked Beans Milk, Fruit & Baby Carrots	All-American Hamburger or Cheeseburger PB&J w/ Chz Stick & Goldfish Totally Taco Salad  Veggie Nibble / French Fries Milk, Fruit & Baby Carrots	Spaghetti with Meatballs PB&J w/ Chz Stick & Goldfish Cheeseburger Flatbread  Caesar Salad / Broccoli Milk, Fruit & Baby Carrots
<b>Week 2</b> Daily Special Uncrustable Meal Liberty Fresh  Sides Served Daily*	Homestyle Salisbury Steak PB&J w/ Chz Stick & Goldfish Turkey & Cheese Chef Salad  Veggie Nibbles / Sweet Peas Rice / Roll Milk, Fruit & Baby Carrots	Fiesta Soft Tacos w/ Salsa PB&J w/ Chz Stick & Goldfish Ham and Cheese Sub Seasoned Garden Salad / Black Beans Milk, Fruit & Baby Carrots	Chili Cheese Dog PB&J w/ Chz Stick & Goldfish Grilled Chicken Caesar Salad  Veggie Nibbles / Tater Tots Milk, Fruit & Baby Carrots	<b>1<sup>st</sup> DAY OF SCHOOL</b> Italian Baked Ziti PB&J w/ Chz Stick & Goldfish BBQ Chicken Flatbread Steamed Caesar Salad / Broccoli Garlic Bread Milk, Fruit & Baby Carrots	Cheese or Pepperoni Pizza PB&J w/ Chz Stick & Goldfish Cheddar & Chicken Salad  Veggie Nibbles / Asian Veg Milk, Fruit & Baby Carrots
<b>Week 3</b> Daily Special  Uncrustable Meal Liberty Fresh  Sides Served Daily*	State Fair Corn Dog Nuggets  PB&J w/ Chz Stick & Goldfish Turkey & Cheese Sub  Garden Salad / Baked Beans Milk, Fruit & Baby Carrots	Popcorn Chicken  PB&J w/ Chz Stick & Goldfish Ham & Cheese Chef Salad  Veggie Nibbles Mashed Potatoes Milk, Fruit & Baby Carrots	Cheese or Pepperoni Pizza  PB&J w/ Chz Stick & Goldfish Chic, Bacon & Ranch Wrap  Garden Salad / Sweet Peas Milk, Fruit & Baby Carrots	Grilled Cheese w/ Tomato Soup PB&J w/ Chz Stick & Goldfish Club Chef Salad  Veggie Nibble / French Fries Milk, Fruit & Baby Carrots	Homestyle Mac & Cheese  PB&J w/ Chz Stick & Goldfish Italian Flatbread Steamed Garden Salad / Broccoli Milk, Fruit & Baby Carrots
<b>Week 4</b> Daily Special  Uncrustable Meal Liberty Fresh  Sides Served Daily*	Cheese-filled Breadsticks w/ marinara sauce PB&J w/ Chz Stick & Goldfish Ham & Cheese Chef Salad  Veggie Nibble / Green Beans Milk, Fruit & Baby Carrots	Soft Chicken Tacos w/ Salsa  PB&J w/ Chz Stick & Goldfish Club Sub Sandwich Seasoned Garden Salad / Black Beans Milk, Fruit & Baby Carrots	Cheese or Pepperoni Pizza  PB&J w/ Chz Stick & Goldfish Turkey & Cheese Chef Salad Steamed Veggie Nibbles / Broccoli Milk, Fruit & Baby Carrots	Chicken Tenders  PB&J w/ Chz Stick & Goldfish Buffalo Chic Flatbread  Caesar Salad / Sweet Corn Milk, Fruit & Baby Carrots	Breakfast for Lunch – Eggs, Sausage, Hash brown Tots, Pancakes or French Toast PB&J w/ Chz Stick & Goldfish Grilled Chic Caesar Salad  Veggie Nibbles / Tater Tots Milk, Fruit & Baby Carrots
<b>*Items Served Daily</b>	Milk: Low-fat or Fat Free White, Chocolate, or Strawberry	Variety of Fresh Fruit, Canned Fruit and 100% Fruit Juice and Baby Carrots	Additional Sides may be offered including Chilled Pea Salad		