

DECEMBER 2024 NEWSLETTER

Susanville Head Start 530-257-2343

IMPORTANT DATES

Minimum Days on
Fridays

Winter Break
Starts December 23rd
and Ends January 1st.

School resumes from
Winter Break
January 2nd

FAMILY
today's little
moments
become
tomorrow's
precious
memories.

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HIGHSCOPE KEY FOCUS

Preschool- Physical Development

- *Gross-Motor Skills(Games that involve running, throwing a ball, kicking a ball, flexibility, balance)
- *Fine-Motor Skills(Games that demonstrate hand eye coordination and using finger dexterity and grasp)
- *Body awareness(Games that involve navigating their bodies and navigating them in spaces.)
- *Personal Care(Children carry out personal care routines on their own)
- *Healthy behavior(Games that include healthy habits with food, choices, and hygiene.)

Toddler- Approaches to Learning


- *Initiative(Let your child lead and you follow their lead)
- *Problem Solving(Help children work through problems encountered in play and exploring new things)
- *Self-Help(Encourage children to do things for themselves)

CHILD AND FAMILY GOALS


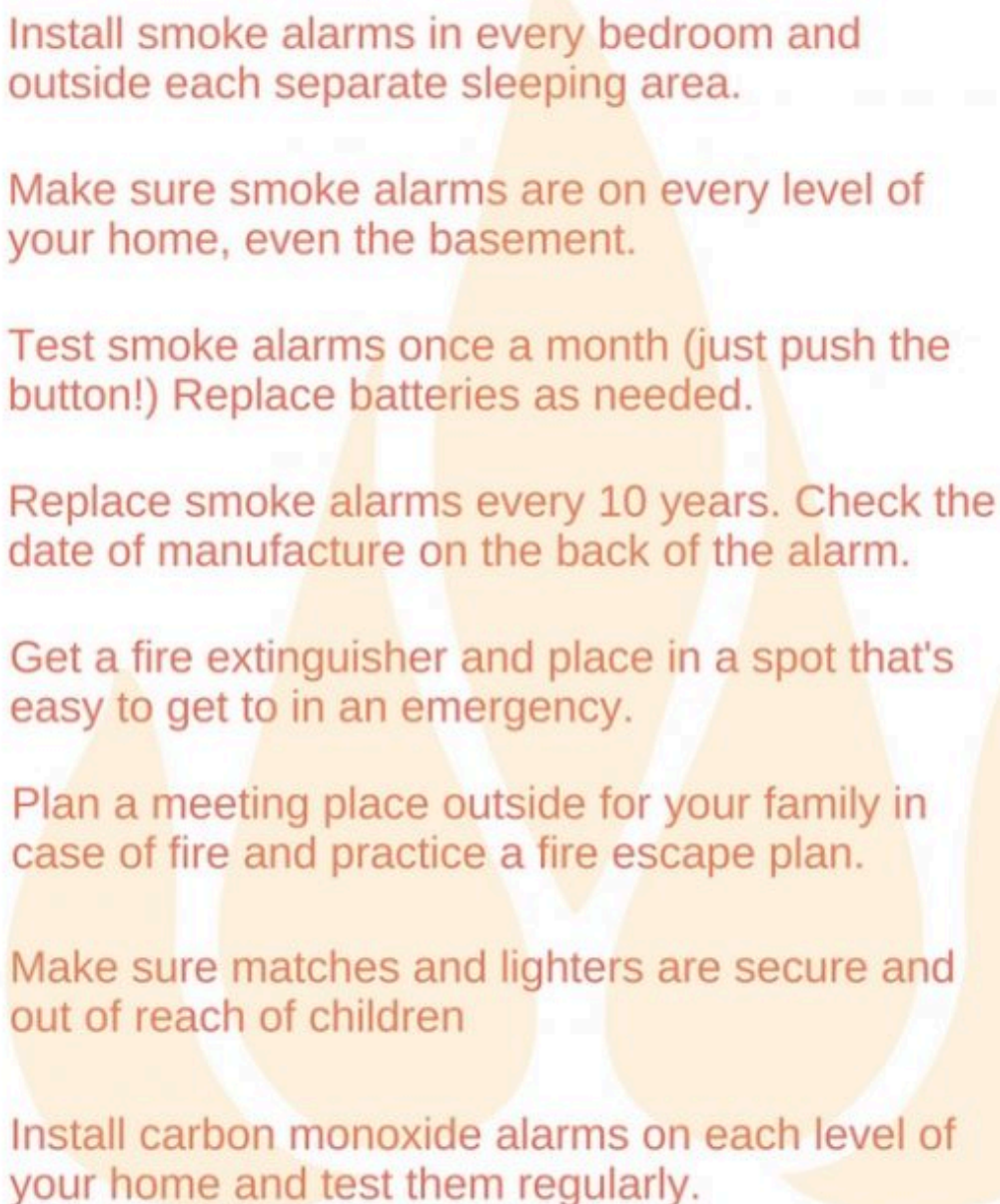
All Child and Family Goals have now been set which is exciting. Pam and I will be checking in on Family Goals periodically and seeing if you need any support or just to give you a little reminder.

Please reach out to your child's teacher or primary caregiver if you need any support or additional ideas for your child's goals.

FIRE SAFETY CHECKLIST

A green silhouette of a house with a red door. The text "for your home & family" is written inside the house shape.

for your home
& family

- 
- A decorative border with a repeating pattern of diagonal lines in green and red.
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- A large, stylized graphic of a fire flame in shades of orange and yellow, positioned in the background behind the checklist items.
- Install smoke alarms in every bedroom and outside each separate sleeping area.
 - Make sure smoke alarms are on every level of your home, even the basement.
 - Test smoke alarms once a month (just push the button!) Replace batteries as needed.
 - Replace smoke alarms every 10 years. Check the date of manufacture on the back of the alarm.
 - Get a fire extinguisher and place in a spot that's easy to get to in an emergency.
 - Plan a meeting place outside for your family in case of fire and practice a fire escape plan.
 - Make sure matches and lighters are secure and out of reach of children
 - Install carbon monoxide alarms on each level of your home and test them regularly.