



About Me

My name is Stephenie Lankard and I will be your child's preschool teacher. This is my ninth year with the Rainier School District and my second year as a preschool teacher. Outside of school, I enjoy spending time with my 3 children exploring the outdoors, hiking, kayaking, working in my flower garden or doing DIY home improvement projects. I am really excited for the school year, getting to know your children and watching them grow.

Daily Schedule

7:45- 8:15 Arrival
8:15-8:30 Morning Meeting
8:30-9:00 Breakfast and
9:00-9:15 Bathroom
9:15-9:45 Outdoor Exploration
9:45-10:00 Mindfulness
10:00- 10:30 Whole Group Learning
10:30- 11:00 Table Activities
11:00-11:15 Second Step
11:15- 11:45 Lunch
11:45- 11:50 Music and Movement
11:50-12:45 Free choice Play
(Small Group during the first 15 minutes)
12:45-12:50 Read Aloud
12:50- 1:50 Resting Time
1:55- 2:30 Mon. Tues. Afternoon Circle
Thurs. Library in the building
Fri. Music in the classroom
2:30-2:45 Snack and Dismissal
2:45- 3:00 Pack Up/ Dismissal

Education

I am currently in the process of earning my CDA certificate in early childhood education, as well as my associates in business management.

Philosophy of Education

I believe that children learn best through play. This builds their self-esteem, confidence and creativity while learning in an age-appropriate, safe environment. While doing so, they learn also learn social and emotional skills, building positive relationships with their peers and teachers.

Contact Info

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Grading for Pre-K

<https://www.oregon.gov/ode/students-and-family/Transitioning-to-Kindergarten/Pages/Early-Learning-and-Kindergarten-Guidelines.aspx>

<https://drive.google.com/file/d/1Vadz8uzybqFtJZHrcDjeG5Fr6NUNPQm/view?usp=sharing>



Rainier Preschool Program Policy for Adult-Child Interactions

Preschoolers do not learn by sitting at a table. They learn through play. Staff at Hudson Park Elementary and Rainier Preschool support positive social and emotional learning with responsive, respectful and purposeful adult-child interactions that create a playful environment.

Our objective is always creating thoughtful learning through play.

It is our policy that staff will:

- Be flexible in responding to children's feelings and needs;
- Acknowledge and validate children's emotions;
- Provide individual positive support that is tied to children's interests and goals;
- Plan, anticipate and seek to prevent problems from occurring;
- Create a play-based environment that encourages exploration of children's interests and supports opportunities for self-regulation.

Staff will equitably teach and use:

- ◆ Frequent, positive conversation and feedback;
- ◆ Positive guidance including open-ended questions, redirection;
- ◆ Close proximity, active supervision and involved interaction with the children;
- ◆ Zones of Regulation supported by the Solutions Kit;
- ◆ "Teacher Talk", modelling and demonstrating positive communication with each other;
- ◆ Self-talk to support self-regulation, self-care and classroom caring.

Staff will promote pro-social behavior by:

- Never using harsh words or tones with children and each other;
- Coordinating with each other to scaffold learning and broaden student interests;
- Embed social-emotional learning throughout our routines and throughout our classrooms;
- Meeting regularly to discuss issues, problem-solve and support the continuous growth of our play-based program.