

CLANTON MIDDLE SCHOOL VOLLEYBALL

My contact information: 334-318-0310. EMAIL: Kegaston@chiltonboe.com

Team Rules and Regulations:

1. Report to practice every day and be on time. M,T,TH (2:45-5:00 p.m.) W & FR (2:45- 4:30 p.m.)
2. Be respectful and courteous to your coach and any other faculty/staff member.
3. Attitude and effort are essential to a successful season!
4. Make the coach aware if you are sick and will miss practice/game.
 - a. You will have to run if you miss practice unless it is excused by Coach Gaston prior.
5. Be a leader on the court and in the classroom.
6. Make sure that you behave at school and away from school.
7. Attend school the day of the game.
8. On away games, you must ride the bus to the game, but a parent may sign you out at the end of the game.
9. On game days, you must stay at school, but a parent may bring you something to eat.
10. Do not post anything inappropriate on social media.
11. If issues occur with an athlete, she may be released from the team.

Parent Expectations:

Be supportive of your daughter, other players, coaches, and umpires.

1. Keep in mind that many factors are considered when the coach decides who will play.
2. Please pick your daughter up promptly after practice. If this becomes a problem, your child may be punished &/or released from the team.
3. Please follow the guidelines listed below when addressing the coach:
 - Player talks to the coach first.
 - Parent contacts the coach to request a meeting.
 - Please do not approach the coach after practice/game with problems. Schedule a meeting.
 - Issues will be handled through the coach first and then the athletic director & principal.

- **All players must complete the NFHS SPORTSMANSHIP TEST.** Instructions for completing this can be found on the CMS Sports page, under required forms for all students tab.
- **All players are required to set up a DragonFly Max account,** if you do not already have an account set up. If you would go to the following website (<http://dragonflymax.com/forms/7XMYN6>), or download the app (DragonFly Max) create an account and complete all the necessary personal information for your child. Do not worry about uploading the concussion, consent or physical forms. I will do that for you.

CMS 2022 Volleyball Agreement Form

My daughter will be participating in the 2022 Clanton Middle School Volleyball Program. I agree to follow the rules and regulations that are set forth by Coach Gaston.

Parent Signature: _____ Date: _____

Player Signature: _____ Date: _____

Volleyball Parent Contact Information

Athlete's Name: _____

Athlete's Phone Number: _____

Parent(s) Name: _____

Address: _____

Cell Phone Numbers: _____

Email Address: _____

Any medical issues: _____