

OCTOBER 2024

INGRAM ELEMENTARY SCHOOL

*MENUS ARE SUBJECT TO CHANGE

Monday

Tuesday

Wednesday

Thursday

Friday



BREAKFAST KIT **1**
FRUIT
MILK

DONUTS **2**
SAUSAGE
FRUIT
APPLE JUICE
MILK

OATMEAL **3**
CINNAMON TOAST
FRUIT
ORANGE JUICE
MILK

WG CEREAL **4**
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

WG CEREAL **7**
WG MUFFIN
FRUIT
ORANGE JUICE
MILK

BREAKFAST KIT **8**
FRUIT
MILK

PIG IN A BLANKET **9**
FRUIT
APPLE JUICE
MILK

BISCUIT & SAUSAGE **10**
FRUIT
ORANGE JUICE
MILK

SCRAMBLED EGGS **11**
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

**NO
SCHOOL** **14**

BREAKFAST KIT **15**
FRUIT
MILK

PANCAKE BITES **16**
FRUIT
APPLE JUICE
MILK

OATMEAL **17**
CINNAMON TOAST
FRUIT
ORANGE JUICE
MILK

WG CEREAL **18**
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

WG CEREAL **21**
WG MUFFIN
FRUIT
ORANGE JUICE
MILK

BREAKFAST KIT **22**
FRUIT
MILK

DONUTS **23**
SAUSAGE
FRUIT
APPLE JUICE
MILK

BISCUIT & SAUSAGE **24**
FRUIT
ORANGE JUICE
MILK

SCRAMBLED EGGS **25**
TOAST & JELLY
FRUIT
APPLE JUICE
MILK

WG CEREAL **28**
WG MUFFIN
FRUIT
ORANGE JUICE
MILK

BREAKFAST KIT **29**
FRUIT
MILK

MINI PANCAKES **30**
FRUIT
APPLE JUICE
MILK

OATMEAL **31**
CINNAMON TOAST
FRUIT
ORANGE JUICE
MILK



AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER