

2023-2024 Savoy Cardinals Powerlifting Schedule

GIRLS

1/11/24	Thursday	Union Hill
1/25/24	Thursday	Union Hill
2/5/24	Monday	Union Grove
2/15/24	Thursday	Union Grove (LCQ)

BOYS

1/18/24	Thursday	Union Grove
1/29/24	Monday	Union Grove
2/12/24	Monday	Union Hill
2/19/24	Monday	Union Hill (LCQ)

LCQ - Last Chance Qualifier to Compete for Regionals

Weigh-Ins - 2:30-4:00 pm

Lift Start Time - 4:15

Meets will follow THSPA and THSWPA Guidelines

Will include the following schools: Union Hill, Union Grove, Overton, Leveretts Chapel, Fruitvale

Supt/AD - Jance Morris

Principal - Sam Talley

Head Coach - Keith Hughes

Assistant Coaches - Jonathan Hughes, Haley Hughes