

Ruleville Central Elementary Newsletter

November 2023

"Equitable Education for Every Student"

Sawanda Washington, Principal

Phone: (662)756-4276 Fax: (662)756-2622

Principal's Message



I encourage everyone to make teaching and learning a **PRIORITY** each day at Ruleville Central Elementary. Not only do we promote the importance of a quality education, we expect our students to be contributing members of society. By giving, sharing, helping, and sacrificing our students can make a difference and change the world.

Let's teach our children that it is better to **GIVE** than it is to receive and to **GIVE** thanks for their many blessings. In closing, I say to all of our stakeholders, **thanks for giving** to Ruleville Central Elementary!! *Sawanda Washington*

Upcoming Events at RCES

- 11/9 Progress Report Distribution
- 11/14 Thanksgiving Lunch with Parents
- 11/15 Award Program 1:30 p.m.
- 11/15 SCCSD Board Meeting (Merritt) 6 p.m.
- 11/17 Picture Day
- 11/20-24 THANKSGIVING BREAK (NO SCHOOL)



Happy Birthday to everyone celebrating a birthday during the month of **November**.

Ruleville Central Elementary School 1st Nine Week Honor Students 2023-2024

Superintendent's List

Serenity Bridges
Aubrey Brown
Jakaiden Brown
Paisley Hudnall
Walter Pollard II
De'Miya Ray
Joidynn Rodgers
Ivy Smith
Artavius Williams

Honor Roll List

Danaryian Causey
Dontae Clark Jr.
London Conway
Raegin Conway
Taylor Conway
Taniya Hall
Jaelynn Harper
GeorLaila Howard
Te'Asia Jorden
Kaley McCain
London McCain
Kenyard McCraney
Cambrie Nailor
Ca'Niya Nunnally
Chauncey Porter
Kennethia Price
Arianna Rogers
Jakellion Sampson
Delilah Scott
Kaiden Scott
Amarii Weeks

Principal's List

Major Brand
Kaylynn Brewer
David Carr III
Bre'anaya Coleman
LaTrell Cotton
Cassidy Cox
Destinee Davis
Kedrick Davis
Carlie Deal
Kavion Dixon
Micayla Fletcher
Ryan Foster
Cameron Freeman
Flaneadra Friend
Ken'daya Garfield
Bryson Green
Jarvis Harper
Carlah Hayes
Jayden Herring
Layla Hogan
Autumn Jackson
Deondre Lee
Raegan McCain
DeMonte Mickey
Damien Mitchell
Madisyn Montgomery
Zoey Moreno
Adrianna Nash
Roosevelt Nash Jr.
A'Drelyn Pomerlee
Tommie Porter
De'Nylah Ray
Brennen Reed
Areonna Rogers
Chayace Ross
Mackenzie Sanders
Corwyn Scott
Kashyla Sutton
Londynn Thigpen
Ariane Walker
Cedric Ware Jr
Lillian Washington
Arielle Weeks
Tristan West
Cayden Williams
Kamariah Woods



COUNSELOR CORNER!!

November Word of the Month is **GRATITUDE**. GRATITUDE means to be thankful or to have an attitude of thankfulness. It also means to be ready to show appreciation for and to return kindness.

Healthy Corner

Heart Help

Grapes are a good source of potassium, a mineral that helps balance fluids in your body. Potassium can help bring down high blood pressure and lower your risk of heart disease and stroke. Most people don't get enough of this nutrient, so eating grapes can help fill the gap.

Healthy Skin and Hair

Grape seeds are rich in vitamin E, which helps your skin stay smooth and hydrated. Other compounds in grapes may help prevent acne and increase blood flow to your scalp for healthier hair.

Weight Loss

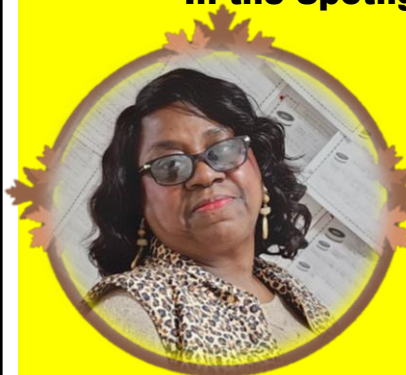
You wouldn't think a fruit this sweet could help you drop some unwanted pounds, but grapes may do just that. A natural compound they contain appears to make it harder for your cells to store fat. It may also help fat cells in your body break up at a faster rate. Just be careful not to eat too many. One serving is 1/2 cup, or about 16 grapes.

School Hours

Arrival time for students is between **7:00 A.M. and 7:30 A.M.** Students are tardy after 7:35 A.M. An adult must come into the office to sign for the tardy student. During dismissal parents are asked to pick up students in the front of the school. Parents should not exit vehicles, but wait patiently for students to be delivered by a school official to each vehicle. School dismisses at **3:00 P.M.** after announcements. Avoid checking students out of school after **2:30 p.m.**



In the Spotlight



Bertha Beckworth
Teacher of the Month



Patricia Greer
Staff of the Month



Diana Moody
Parent of the Month



Pastor Timothy Wright
Community Partner

RCES Tigers of the Month

**"Alone we can do so little;
together we can do so much."**

-Helen Keller



HELP FOR THOSE IN NEED

When a family becomes homeless, there are two issues that usually occur with the affected children, 1) student attendance decreases and 2) financial situations destroy students' interest in school. The SCCSD recognizes the importance of education for all children and has adopted the McKinney-Vento Homeless Act that addresses the needs of homeless children.

This policy provides assistance for homeless students so that they can continue to be educated despite the challenges they face. If you know families with children who are homeless, please contact the Homeless Liaison at RCES, Ada Mays at (662)756-4276. Your call could be of great assistance to a family in need.





RCES Student of the Month



Kindergarten



LaJerrius Conway

1st Grade



Zaria Lockett

2nd Grade



Mackenzie Sanders



3rd Grade



Jaelynn Harper



4th Grade



Jayden West



5th Grade



Amarii Weeks



Thanksgiving Lunch with Parents



**HAPPY THANKSGIVING from the
Ruleville Central Elementary Family!!**

