



SCHOOL MENTAL HEALTH PROJECT

The purpose of this project is to:

- Enhance the Local Education Agency’s (LEA) ability to identify and immediately respond to the mental health needs of students
- Increase the continuum of school-based and community-based mental health services available to students at the LEA Site.

The district will achieve these goals through the following activities:

1. Establish a School Mental Health Team consisting of 3-7 members
 - a. At least 1 must be an administrator; other potential team members include school counselor, school social worker, school psychologist, teacher, school nurse and/or parent or family member
2. The School Mental Health Team will participate in an Educational Service Unit (ESU) hosted School Mental Health Institute, in its entirety, to learn how to develop a Comprehensive School-Based Mental Health Program.
3. Develop and submit to the ESU and NDE School Mental Health Team an Action Plan for creating a Comprehensive School-Based Mental Health Program at their school/district. The School Mental Health Team will lead implementation of the Action Plan throughout the upcoming school year.
4. The School Mental Health Team will attend all scheduled Technical Assistance meetings with the ESUs.
5. On a quarterly basis, and as requested, collect and report the data to the Project Evaluation Team.
6. Participate in site-specific technical assistance provided by the Project Evaluation Team, tailored to the types of questions the LEA Site seeks to answer through evaluation data.
7. Submit a ***Sustainability Plan*** that outlines the district/school’s proposal to maintain their Comprehensive School-Based Mental Health Program.

Financial Support for School Districts

The NDE will provide financial support on a one-time basis to districts/schools who participate in an ESU hosted School Mental Health Institute. After the school/district submits to the ESU and NDE School Mental Health Team their Action Plan, NDE will allocate funds needed for district/school.

The district/school will be eligible to receive stipends for attending the Institute and Technical Assistance Meetings based off the table below:

Category	Estimated amount
Stipends for school staff to attend training – to be paid after completion of School Mental Health Institute	\$150 per staff person on the team
Stipends for school staff to attend monthly Technical Assistance (TA) Meetings – to be	\$150 per staff person to attend all TA Meetings

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The district/school participating in the School Mental Health Institute may choose up to 2 categories of financial support from the list provided below. Categories chosen must correspond with goals selected from the school/district's Action Plan.

Category	Estimated amount
Universal Screener for students	Limited to \$5 per student that will be screened
Telehealth equipment	up to \$2,000
Evidence Based Curriculum to help support the work	up to \$10,000
FTE/contract position for Mental Health Therapist	up to \$30,000
Tier 2 interventions- small group intervention	up to \$10,000 for staff time
Development of Calm Corners	up to \$6,000