

From The Desk of Ms. Charline Boykins, Counselor

Email charline.boykins@conecuhk12.com

Meet Your Counselor

Ms. Charline Boykins

Lyeffion Jr. High School & Conecuh County Jr. High School

Lyeffion Junior High School
578-2800 ext # 5020

Conecuh County Junior High School
966-5411 ext # 2017

Welcome Back To School for the 2018-2019 school year

Hello! My name is Ms. Charline Boykins, your school counselor. I have one daughter- Angela and two grand-children- JayVeon and Jalayia. I have lived in Conecuh County for 59 years and I graduated from Lyeffion High School in 1976 with honors. I went to Jefferson Davis Jr. College in Brewton, Alabama and I finished there in 1978 with an Associate Degree.

In 1991, I enrolled at Alabama State University as a part-time student. I worked a full-time job with Tri-County Medical Center. I have worked for Conecuh County Board of Education since 1997 teaching many grade levels.

I have a BS and a Master's Degree in Early Childhood Education as well as a Master's Degree in School Counseling.

I am counselor at Lyeffion on Mondays, Tuesday's and every other Friday.

I am counselor at CCJHS on Wednesdays, Thursdays & every other Friday.

You can contact me by email: charline.boykins@conecuhk12.com or by phone.

I am very excited to work with each of you this 2018-2019 academic school year!

Have a great year and be successful!

How Your Child Can See Me!
The School Counselor – Ms. Boykins

Your child can be referred to see me by their teacher, you as the parent, principal or assistant principal, or the student him or herself for personal issues, academics, social problems or behavioral problems, etc.

I am the counselor at LJHS on Mondays, Tuesday's and every other Friday.

I am the counselor at CCJHS on Wednesday's, Thursdays and every other Friday.

Thanks,
Ms. Charline Boykins
School Counselor

Student Referral to School Counselor

Date: _____

Grade Level: Elementary (Grades K4 – 5) _____
 Middle (Grades 6 – 8) _____
 High School (Grade 9) _____

Student: _____

Teacher: _____

Reason(s) for Referral:

_____.

Comments from Counselor:

_____.

Character Education Schedule
Charline Boykins
2018 - 2019

August 6 – 10	Perseverance
August 13 – 17	Respect for Others
August 20 – 24	Respect for the Environment
August 27 – 31	Self-Control
September 3 - 7	Self-Respect
September 10 - 14	Sportsmanship
September 17 - 21	Tolerance
September 24 - 28	Cheerfulness
October 1 - 5	Citizenship
October 8 - 12	Cleanliness
October 15 - 19	Compassion
October 22 – 26	Cooperation
October 29 – November 2	Courage
November 5 - 9	Courtesy
November 12 - 16	Diligence
November 26 - 30	Fairness
December 3 – 7	Honesty
December 10 - 14	Loyalty
January 7 - 11	Patience

January 14 - 18	Perseverance
January 21 - 25	Patriotism
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January 28 – February 1	Creativity
February 4 – 8	Generosity
February 11 - 15	Punctuality
February 18 - 22	Tolerance
February 25 – March 1	Kindness
March 4 – 8	Cheerfulness
March 11 – 15	Compassion
March 18 - 22	Courage
April 1 – 5	Respect for Others
April 8 – 12	Self-Control
April 15 – 19	School Pride
April 22 - 26	Honesty
April 29 – May 3	Patriotism
May 6 - 10	Perseverance
May 13 - 17	Self-Respect
May 20 – 24	Fairness

**RED RIBBON WEEK & BULLYING PREVENTION CELEBRATION
OF THE
LYEFFION JUNIOR HIGH SCHOOL**

7575 Hwy 83
Evergreen, Alabama 36401
Mrs. Rita G. Nettles-Armstrong, Principal
Mr. Carlos Baggage, Assistant Principal

October 22 – October 26, 2018

THEME: Life is your journey, travel Drug Free!

October 23rd – 31st is National Red Ribbon Week, which is an alcohol, tobacco, and other drug and violence prevention awareness campaign observed annually in October as well as Bullying Prevention Month in the United States.

MONDAY - "Follow Your Dreams", Say No To Drugs!" - Wear pajama pants with a uniform shirt.

TUESDAY - "Team Up Against Drugs" – Wear your favorite team jersey with uniform pants.

WEDNESDAY - "Sock it to Drugs" - Wear your crazy socks.

THURSDAY - "Yellow Jackets" Make Healthy Choices" – Wear pink tops with uniform pants.
Bullying Lessons will be taught for grades 4th – 9th.

FRIDAY - "Drug - Free – That's Me" – Wear school spirit tops with blue jeans.
Conecuh County Sheriff Department will be here at 9:00am
Students may wear their Halloween costumes. There will be a costume contest!

On October 30th – we will have our Harvest Carnival from 11:00 – 2:45pm.

WE HAVE ZERO TOLERANCE FOR BULLYING AT LHS!!!

Name _____



Date _____

Bullying

By Jennifer Kenny

Have you ever been bullied? Have you ever been the bully? Most children have been a part of a bullying situation at some point.

What exactly is bullying? Bullying is when an individual is mean and hurtful toward another over and over again. Unfortunately, bullying is widespread, and there are many types of bullying. There's physical bullying, which means the bully kicks, bites, pinches, and does other physically harmful things. There's verbal bullying, which includes name calling and mocking others. There's emotional bullying which isolates and excludes others. Nowadays, there's even cyber bullying. With all the technology available, it's easy for a bully to harass others with hurtful images or messages all the time. In general, whatever the type of bullying, girls tend to be more psychological when bullying while boys tend to be more physical about it.



Why do some kids bully others? Many times they've been picked on by someone else. They know what it's like to have been bullied. They would like to feel powerful and in control. It may be a way to handle his or her own difficult situation. Bullies like to pick victims that are not likely to fight back. Parents and school officials need to prevent bullying. They also need to get to the root of the bully's problems to change the bully's ways. Bullying can't be tolerated. Almost twenty-five percent of bullies become criminals.

What are the signs that a child is being bullied? Bumps and bruises are obvious signs. Of course, when a child is suddenly worried about school or getting mysterious stomachaches, that's a sign, too. Changes in behavior such as bedwetting, irritability, or poor concentration are signs as well. Sleeping problems or problems with schoolwork can also indicate something's wrong. Someone who has been bullied needs help. Bullying has been known to affect how people relate to other people and it can cause future emotional issues such as depression and anxiety.

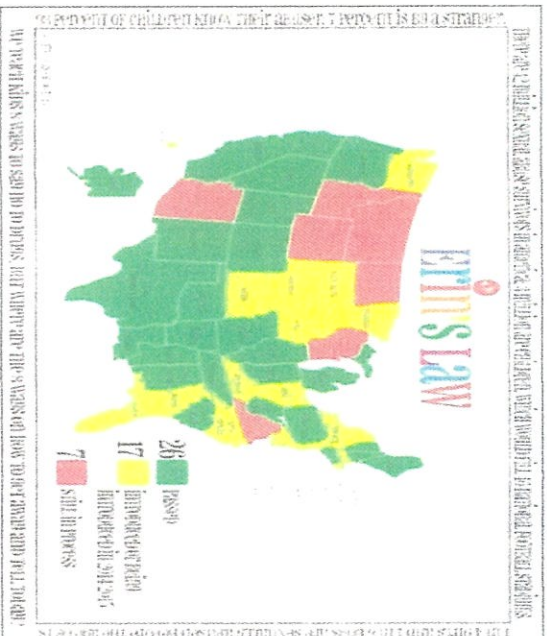
How can a child who is being bullied get help? Listen to the child. Show love and support. Validate the child's feelings. Ask questions to get more information. Then teach the child some tips on how to keep the bully away. Teach the child to watch his or her anger because that's just the reaction the bully wants. Next, even though a child may want to physically hurt the bully, that's not the best idea. The child could get hurt; it's against the rules, and the problem usually still exists. Instead, learn ways to stay safe by hanging out with others or getting help. Acting brave and walking away may teach the bully that this is too boring to bother with. Buddy systems, positive friendships, and telling an adult are also good ideas.

Bullying can be a real problem for many children. Unfortunately, it happens most often in school situations. To keep children physically and emotionally safe, bullying can not be tolerated at a locker, on the bus, in the bathroom, or anywhere. Teachers, administrators, and parents need to keep a safe school environment and intervene when necessary. In the event that bullying is occurring anyway, children need to notify the adults in their lives, and the adults need to discipline the bullies and prevent further bullying.

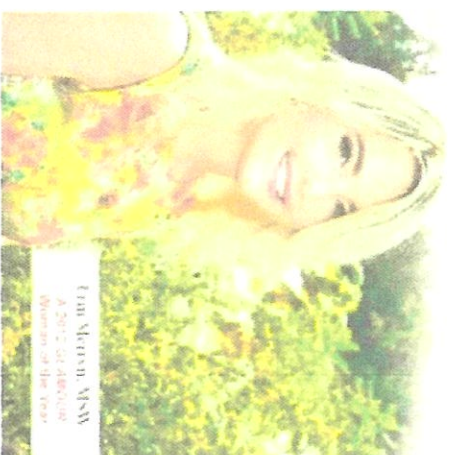
ERIN'S LAW—SEXUAL ASSAULT PREVENTION

Erin's Law is named after childhood sexual assault survivor, author, speaker and activist Erin Merryn, who is the founder and President of Erin's Law, which legislation passed in June 2015 for the State of Alabama. After Erin introduced the legislation in her home state of Illinois, the bill was named "Erin's Law" after her by legislators and it has caught on nationwide. "Erin's Law" requires that all public schools in each state implement a prevention-oriented child sexual abuse program which teaches:

1. Students in grades preK – 12th grade, age-appropriate techniques to recognize child sexual abuse and tell a trusted adult.
2. School personnel all about child sexual abuse.
3. Parents & guardians the warning signs of child sexual abuse, plus needed assistance, referral or resource information to support sexually abused children and their families.



- Every 6 minutes a child is sexually assaulted in the United States
- The "silent epidemic" of child sexual abuse has been hidden way too long
- 1 in 4 girls, 6 boys are sexually assaulted before age 18—over 90% by someone they already know and trust—family members, friends, baby sitters, etc.
- Only 1 in 10 sexually abused children tell someone—children must be taught to tell a trusted adult if *anyone* touches their private body parts.
- Erin's Law will ensure children are taught to protect themselves



Erin's books are sold online at Amazon.com for your convenience and reading literature purposes.

For additional information and resources on Erin's Law and Jason Platt Foundation please go to:

www.erinslaw.org

www.jasonfoundation.com

Jason Flatt—Suicide Prevention

* SUICIDE IS THE SECOND LEADING CAUSE OF DEATH FOR YOUTH AGES 12-18.

* SUICIDE IS NOW THE SECOND LEADING CAUSE OF DEATH FOR COLLEGE- AGES 18-22.

* SUICIDE IS THE SECOND LEADING CAUSE OF DEATH FOR YOUTH AGES 10-24. (*2013 CDC WISQARS)

You can make a difference and help us fight the “Silent Epidemic” of youth suicide. Below is a list of things you can do in your own community to make a difference.

- Educate yourself about the magnitude of the problem, the signs of concern and the tools of prevention.
- Encourage your local school system to incorporate The Jason Foundation school-based curriculum into their guidance or health/wellness programs.
- Encourage your local service organizations, churches and community centers to become aware of the problem of youth suicide and its prevention opportunities.
- Watch and listen to your children and pay attention to sudden changes in behavior that cause you concern.
- Be willing to seek professional help and guidance if you feel your child is becoming depressed or contemplating hurting him/herself.

DID YOU KNOW?

17% of students, or over 1 out of every 6, seriously considered suicide during the past 12 months. * 8% of students, or over 1 out of every 13, attempted suicide during the last 12 months. * More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease, **COMBINED**. **FOUR** out of **FIVE** teens who attempt suicide have given clear warning signs.

The Jason Foundation believes that **AWARENESS** and **EDUCATION** are the first steps to prevention. We want to establish a Triangle of Prevention by providing students, parents, and teachers the tools and resources to help identify and help at-risk youth. This is accomplished through a curriculum unit for students and informational seminars for teachers and parents. Our materials are easy to use and are intended to provide educational information. **There is no intent to diagnose or treat suicidal ideation.** JF's intention is to empower youth, educators, and parents to help recognize when young people are in pain and know to get professional help involved as soon as possible.

Use the Community Assistance Resource Line (C.A.R.L.) to talk with a professional, about any concerns you have about a young person or a situation. The C.A.R.L. Line is answered 24/7, is confidential at no-cost. **1-877-778-CARL (2275) OR Local Mental Health (251) 578-4545 / 1-800-239-4673**

ERIN'S LAW & JASON
FLATT ACT

It's the Law™

Conecuh County School System Suicide Prevention & Child Sexual Assault Prevention Brochure

Conecuh County Board of Education
100 Jackson Street
Evergreen, AL 36401
251-578-1752—phone
251-578-7061—fax



Together we can fight to prevent
children from suicide and
sexual assault



Read Across America 2019 Schedule

Lyeftion Junior High School & Southside Preparatory Magnet
Academy
Holley Tullis, Library Media Specialist

Suess Activity Packets will be given out

**Monday, March 4th- Cat On The Loose- *Wear Seuss Hats* and White, Red,
Black**

Feb. 28
\$ 5.00

***LJHS- 8th Grade will paint cat faces on K4-2nd**

K4-2nd Design a Cat/ My Cat Poem (Rhyming Words)
3rd-9th Cat- Drawing Contest (LJHS & SPMA)
Cat on the Loose -Poetry Contest (LJHS & SPMA)

**Tuesday, March 5th- Read Across America- Guest Readers Invited
Wear Read Across America T-shirts(LJHS) & Seuss Hats,
or a Shirt You can Read**

(LJHS & SPMA; SPMA Students will also come to LJHS and Read).

**Wednesday, March 6- Wear Green, or Grinchy Attire: We LOOOOVE Reading Mr.
Grinch!**

Title of Favorite books placed in heart on Grinch character

Both LJHS & SPMA

**Thursday, March 7- Character Parade; Dress like your favorite Seuss book
character- LJHS/Dress like your favorite character- SPMA**

Costume Contest-LJHS

**Friday, March 8- Fox in Sox/ Wild About Reading (LJHS &
SPMA)**

**Wear Silly Socks- We're on our way to get a great book
Or**

Wear Animal Prints- We Are Wild About Reading

