



HOUNDS HIGHLIGHTS

Your monthly dose of Ship Shenanigans!

☎ Weekly Communication from
SASHS Administration

✉ **Volume 1, Issue 5**
November 1, 2025

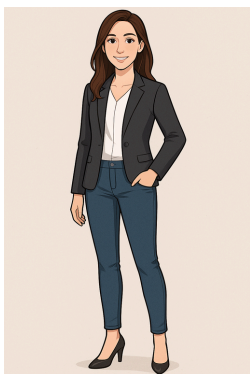
🌐 **SASHS Facebook -**
<https://www.facebook.com/share/16aPNGN8DP/?mibextid=wwXlfr>

SASHS Instagram -
@SHIPPENSBURGHIGHSCHOOL

SASHS Website -
<https://www.shipk12.org/seniorhigh>



*A message from
the principal ...*
**MRS.
FRITZ**



As we move into Marking Period 2, I want to take a moment to reflect on all the incredible things that happened in October! Our students continue to make us proud in so many ways.

- We celebrated Instant Decision Week, where more than 100 college acceptances were earned — a huge shoutout to our counselors and partner colleges for making this opportunity possible!
- Our FBLA Trunk or Treat brought together students, families, and the community for a fun evening of creativity and connection.
- We also continued to focus on our PBIS lessons, reminding everyone of the importance of Character, Honor, Attitude, Mindfulness, and Preparedness throughout our school.
- Our Fall Festival was another highlight, giving students a well-deserved break filled with school spirit and community.
- Homecoming Week showcased the pride and energy that make our school so special — from themed days to the big game, the enthusiasm was contagious.
- And a special congratulations goes out to our photography club students who had the largest number of voters in the history of the club, over 50% of the school for their photo contest — your creativity truly stands out!
- Students took the stage to share music, poetry, and art in our first Coffee House performance of the year. The atmosphere was filled with warmth, laughter, and support — a true celebration of student expression and community.
- What an amazing evening bringing together students, families, and community members for our very first Community Night hosted in the multipurpose stadium!

As we look ahead to November, we're excited for more opportunities to learn, lead, and grow together. Thank you to our students, staff, and families for your continued support and engagement — it's what makes our school community so exceptional.

MISSION/ VISION

Vision: Prepared to contribute; Prepared to succeed.

Mission: Our mission is to design engaging and intellectually demanding work that empowers all learners to define their talents, exercise effective collaboration, practice skillful communication, and develop their critical thinking skills in order to lead them to success.

FUTURE PLANING

- **November 7, 2025**
 - Winter Sports Athletic Paperwork Due to the Athletic Office
- **November 10, 2025**
 - Veteran's Day Breakfast & Assembly
- **November 11, 2025**
 - School Closed - Veteran's Day
- **November 13, 2025**
 - Financial Aid Completion Night - 6-8pm - SASHS Library
- **November 14, 2025**
 - First Day of High School Winter Sports Season
- **November 18, 2025**
 - Varsity Jackets Orders - 3 to 5pm - SASHS Lobby
- **November 19, 2025**
 - 2-Hour Early Dismissal - Parent Conferences 12:45pm to 2:30pm
- **November 20, 2025**
 - 2-Hour Early Dismissal -
 - Parent Conferences 12:45pm to 2:30pm
 - Parent Conferences 4:30pm to 6:15pm
- **November 24, 2025**
 - 2-Hour Early Dismissal
- **November 26, 2025**
 - 2- Hour Early Dismissal
- **November 27, 2025 - December 2, 2025**
 - School Closed - Thanksgiving Break

Help Wanted!

The following are open positions at the high school:

- High School Mathematics Teacher
- High School Academic Competition Advisor
- High School Musical Technical Production Manager
- High School Play Technical Production Manager
- High School Full-Time Custodian
- High School Cafeteria - Baker/ Assistant Cook
- Part Time Classroom Assistant

If you are interested in applying for these positions apply through the district website!



TEAM UP!

**Our Drama Club will be performing
Pride & Prejudice!**

SASHS Auditorium

November 13 - 7pm

November 14 - 7pm

November 15 - 2pm or 7pm



2463 Loop Road, Chambersburg, PA
717-263-9033
info@franklinctc.com
www.franklinctc.com

Code: DISCOVER

4:30-5:45 PM

EXPLORE Business, Post Secondary,
and Military Opportunities.

5:45-7:30 PM

(4) 15-minute **PROGRAM SESSIONS**

Register



HIGH SCHOOL OPEN HOUSE

www.franklinctc.com

Thursday, November 20, 2025



APPLICATION DEADLINE JANUARY 10, 2026

27 PROGRAMS OF STUDY

Front Office Changes-

Construction is nearing completion on our new secure entrance in the front of the building. Visitors can ring the doorbell and will be greeted at the outer door and buzzed into the vestibule. Anyone coming into the high school past the vestibule will need to have their ID scanned so a visitor badge can be printed for you to wear while in the building.



YouthTruth | LISTEN.LEARN.IMPROVE.

Dear Families, thank you. I heard you.

Recently, we surveyed students to dive deeper into our Youth Truth Data - Here is some feedback we got!

What is one thing that makes this school a good place to be?

Friends

Teachers

School Security Officer

Student given the space to provide their opinion.

Administration

Clubs &

Extracurriculars

Welcoming & Kind Staff

Lots of Opportunities

The PBIS Events & Festivals Planned

I have a teacher or staff member at the school I can trust.	93% of students
I have at least one other student in the school I can count on at school.	98% of students
I feel this school cares about me as a more than just being a student.	84% of students
I feel safe at school.	90% of students

Mr. Herb Mrs. Varholy
Mrs. Perrin Mrs. Bier
Mrs. Shirk



Who at this school has the biggest positive impact on you and why?

Friends

Mr. Swartz

Mrs. Meixell

Mr. Feick

Mrs. Fritz

Ms. Jones

All Counselors

Ms. Ordway

Mr. Moser

Mr. Shipp

Mr. Grove

Mr. Tinner

Mrs. Smith

**State requirements for graduation
(Documentation to the school nurse)**

11th Grade	12th Grade
• Physical exam • Basic physical form (can be found on district website under health services > forms) • Visit summary from doctor's office • Sports physical • Copy of driver license or permit (a physical must be done in order to get the driver permit)	• 2nd dose of MCV4 (meningitis) vaccine • The first MCV4 is given at/after age 11 • The second MCV4 is given at/after age 16 
Drop off paper copies, email to amber.aushman@ship.k12.pa.us, or fax to 717-530-2835 Thank you! - Nurse Amber	

Shippensburg High School Child Development Free Nursery School Program

Shippensburg High School Child Development Nursery School program is a course offered at the high school for students at the high school and children in the community. High school students learn about the development of preschool aged children then apply their knowledge in a student run, teacher monitored nursery school program. Students provide a safe and nurturing environment for children to become familiar with preschool structure and enjoy activities and learning through play, stories and songs in addition to small and large group activities and play. There is no charge to participate.

There are three- sessions throughout the year with about a four week break in between each session. A child can be registered for all or the desired sessions at one time. We also accept children throughout the year as they become old enough to join the program. Children who attend must be three, four or five years old. Other requirements include having their own transportation and the child must be completely toilet trained. The program runs four days a week, typically Tuesday - Friday, unless otherwise noted on specific session calendar. The time is from 8:55- 10:15 AM. The program is available for 12 children in the community. Registration occurs on a completed forms received basis. Further information and contact will be available at Shippensburg High School, or by email to mParker@ship.k12.pa.us.



Holiday Mental Health Tips

The holiday season can be a time of joy and celebration, but it can also be a source of stress and anxiety. Here are some tips to help maintain your mental health during the holidays:

Set Realistic Expectations:

- Avoid putting too much pressure on yourself to have a "perfect" holiday season.

Manage Stress:

- Identify your stress triggers and develop coping mechanisms, such as exercise, meditation, or spending time in nature.
- Set boundaries and say no to activities that overwhelm you.

Take Care of Yourself:

- Make time for relaxation and self-care activities, such as reading, taking a bath, or watching a movie.

Connect with Others:

- Spend time with loved ones and engage in activities that bring you together.
- Reach out to friends and family who may be struggling during the holidays.
- Consider volunteering to give back to your community.

Seek Professional Help if Needed:

- If you are experiencing severe anxiety, depression, or other mental health issues, seek professional help from a therapist or doctor.

Additional Tips:

- Limit your exposure to social media and news that may increase stress.
- Create a budget and stick to it to avoid holiday-related financial stress.
- Decorate your home in a way that brings you comfort and joy.
- Give gifts that are meaningful and thoughtful, rather than focusing on expensive items.
- Remember that the holidays are a time for celebration, but it's also important to take care of yourself and prioritize your mental well-being.



Counseling Department Dates!

ASVAB Interpretation

- **Tuesday, November 4, 2025**
- **SASHS Auditorium - 10am**

Scholarship Boot Camp

- **Wednesday, November 5, 2025**
- **SASHS Auditorium - 10am**

College Accommodations Information Sessions

- **Wednesday, November 12, 2025**
- **10:20 AM to 11AM - SASHS Auditorium**

FAFSA Completion Night

- **Thursday, November 13, 2025**
- **6:00 PM to 8:00 PM - SASHS Cafeteria**



Huge Shoutout to our counselors who made instant decision week possible! I am hearing SUPER HIGH numbers of applications!



Use this link to view the counseling teams highlights & information!

<https://secure.smores.com/n/rvnt1>



HUGE SHOUTOUT!

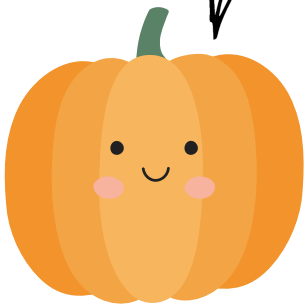


Josiah Kalp WINNER ~
His winning image in our September Photo Challenge: Sunsets stood out among a record-breaking collection of entries.

This month's challenge shattered multiple Photography Club records:

- 21 photographs were submitted — the highest number in five years.
- Over 52% of adults and students in the building voted — more than double our previous participation record!
- Half of all teachers, staff, and administrators took part.
- The Class of 2029 led the way with an incredible 175 out of 242 students voting — a 72% participation rate!

Their October Challenge, "Pumpkins," will conclude on 10/31/25 and the winner will be selected during the first week of November.



Fall Festival Highlights!



FALL FEST



Highlights



🔍 Career Coordinator Corner!



The month of October was packed full of career trips and initiatives. This month students visited Old Dominion, Piedmont Airlines Maintenance Hangar, UPMC Carlisle Hospital, the Army Heritage Center and Carlisle Armory. In addition, a small group of Juniors participated in an interactive career preparation event focused on resumes, interviews, and networking skills at Shippensburg University and all Juniors currently enrolled in English participated in mock interviews.

Upcoming Field Trips:

November 5 – Rock Lititz
November 7 – Aviation Expo at Hagerstown Airport
November 12 – Hospitality Bootcamp
November 12 – Game Design Day at Harrisburg University

Students – to stay up to date on Career opportunities be sure to check your G-mail and the announcements.

Parents – to stay up to date on Career opportunities be sure to “Like” Shippensburg High School Career Corner on Facebook.

Meet Mrs. Akers

Hello, my name is Krista Akers, I work as the Career Coordinator at Shippensburg High School. I supervise the students in our Work-Based Learning Program or WBL. The WBL program allows students to obtain career focused volunteer or paid part-time work during the school day. In addition to our WBL program, I facilitate all things associated with career education, such as career based field trips, mock interviews for our juniors, our annual Career Day, and the 9th grade STEM Day to name a few.



A message from our social worker , Mrs. Carbaugh ...

Because of the current government shutdown, some families may experience delays in receiving their SNAP (food stamp) benefits. In Pennsylvania, SNAP benefits for October were given out as usual, but if the shutdown continues, benefits for November might be delayed or paused.

This means families who rely on SNAP to buy food could face challenges in the coming weeks.

What you can do:

- Watch for updates from the Pennsylvania Department of Human Services about your SNAP benefits.
- Try to plan your food budget carefully in case of any delays.
- If you need extra help, please consider Shippensburg Produce Outreach for food on Tuesdays or check out meal calendars offered by local churches. You can also call 2-1-1 for community resources.

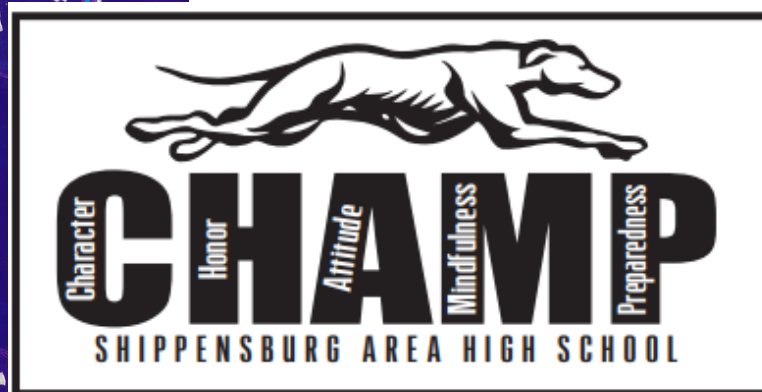
We understand the challenges this situation presents and are committed to keeping you informed. Please do not hesitate to contact Janelle Carbaugh, High School Social Worker, 717-530-2700 x1071 if you need further assistance or information.

RIVER BARRY TO PERFORM AT THE HIGH SCHOOL JANUARY 23, 2026

We are excited to welcome River Barry, a nationally recognized entertainer, to our high school on Friday, January 23, 2026!

During the school day, River will deliver an unforgettable performance that combines bubbles, magic, and dance into a one-of-a-kind experience for our students.

His performance promises not only to amaze and entertain, but also to highlight our CHAMP values – Character, Honor, Attitude, Mindfulness, and Preparedness.



School Year Theme Update!

This year the different classes choose a Mario Kart Character, and throughout the year their class will gain points for participating in spirit days, having great attendance, pep rally competitions, etc. Here is the reveal of their classes & class coins!



9th Grade!

130 Coins



10th Grade!

123 Coins



11th Grade!

73 Coins



12th Grade!

60 Coins

SHIPPENSBURG AREA CHAMBER OF
COMMERCE & C.A.N. (CHRIST AMONG
NEIGHBORS) PRESENT:

elf **SHIPPENSBURG COMMUNITY CHRISTMAS PARTY**



THURSDAY, DECEMBER 4, 2025
6 PM - 8 PM

Shippensburg Area Senior High School
201 Eberly Drive, Shippensburg
(Parking is located at the rear of the building)

Enjoy an Elf Pasta Bar, food, crafts, games, and face painting.
Holiday music, bingo, photo ops, a visit from Santa, presents,
and more!

Open to Families of the Shippensburg Area School District

**Please pre-register to attend. Children
must be present to receive a gift.**
🎄 **RSVP by November 28 —**
**call 717-532-5509 or scan the QR code
to sign up!**



V O L V O





Food Calendar for November

NOVEMBER 2025



SUN	MON	TUE	WED	THU	FRI	SAT
This calendar has the times and locations of the free community meals offered in Shippensburg	All Meals are Grabngo, drive-thru style unless stated otherwise	Is your church interested in hosting a community meal? Contact Emily at coordinator-scrs@shipresources.org				1 Christ United Methodist 47 E King St 9:30 A.M. <i>Dine in only</i>
2 Memorial Lutheran Church (Dine in only) 34 E Orange St 11:30 A.M.- 12:30 PM	3 <u>NO COMMUNITY MEAL</u>	4 SPO/Diaper Bank 130 S PENN ST 3:30 PM TO 6PM Grace Place Free Hot Breakfast 21 N Prince St 10-11:30am Christ United Methodist (Dine in only) 47 E King St 6:15 p.m.	5 Newburg First Church of God (Dine in only) 260 Newburg Rd 5:30 to 6:30	6 Oasis of Love Baked Items 303 S Washington St 10:30 to 11 a.m. Prince St Brethren 20 N Prince St 5:30 P.M.	7 <u>NO COMMUNITY MEAL</u>	8 Christ United Methodist 47 E King St 9:30 A.M. <i>Dine in only</i>
9	10 St. Andrews Episcopal Church 206 E Burd St 5pm-6pm	11 SPO(Food Pantry) 130 S Penn St 3:30 pm to 6 pm Grace Place Free Hot Breakfast 21 N Prince St 10-11:30am Messiah United Methodist 30 S Penn St 5:30 p.m.	12 Oasis of Love 303 S Washington St 4:30 p.m. to 5:30 p.m. Newburg First Church of God (Dine in only) 260 Newburg Rd 5:30 to 6:30	13 Oasis of Love Baked Items 303 S Washington St 10:30 to 11 a.m. Covenant Brethren 253 E Garfield St 5:30 P.M. TO 6:30 P.M.	14 <u>NO COMMUNITY MEAL</u>	15 Christ United Methodist 47 E King St 9:30 A.M. <i>Dine in only</i>
16	17 Grace United Church 121 E Orange St. 5pm <i>Dine in only</i>	18 SPO 3:30-6pm Thanksgiving Distribution, no senior box this week 130 S Penn St Grace Place Free Hot Breakfast 21 N Prince St 10-11:30am	19 Newburg First Church of God (Dine in only) 260 Newburg Rd 5:30 to 6:30	20 Oasis of Love Baked Items 303 S Washington St 10:30 to 11 a.m. <u>NO COMMUNITY MEAL</u>	21 <u>NO COMMUNITY MEAL</u>	22 <u>NO COMMUNITY MEAL</u>
23	24 St. Andrews Episcopal Church 206 E Burd St 5pm-6pm	25 SPO & Sr Boxes 130 S Penn St 3:30pm to 6pm Grace Place Free Hot Breakfast 21 N Prince St 10-11:30am Messiah United Methodist 30 S Penn St 5:30 p.m.	26 Oasis of Love 303 S Washington St 4:30 p.m. to 5:30 p.m.	27 Happy Thanksgiving! <u>NO COMMUNITY MEAL</u>	28 <u>NO COMMUNITY MEAL</u>	29 <u>NO COMMUNITY MEAL</u>
30		Senior Center meals & meals on wheels 717-300-3563		Hound Packs is for school aged children living in the SASD. Weekend food bags with 6 meals are distributed on Thursdays. Visit the website listed below for more info.		EVERY SAT: FOOD BOXES BY APPT. (EMAIL FOR APPT MON.- THURS 10AM-3PM) OASISLOVE@COMCAST.NET NO BOXES 10/29

UPDATED 10/21/25 BY SHIPPESBURG COMMUNITY RESOURCE COALITION: [HTTPS://WWW.SHIPRESOURCES.ORG/FOOD](https://www.shipresources.org/food)



Creative Engraving Plus, LLC| Ship Bocce Ball

Creative Engraving Plus, LLC Shippensburg PA
Offering apparel and gear to local Community and...

CreativeEng&Apparel

Please consider purchasing
spirit wear for our Unified
Bocce Team!
Sale ENDS -Nov. 7, 2025