



# BREAKFAST

# OCTOBER 2022 LELAND SCHOOL DISTRICT

Grades PreK thru 12

"This institution is an equal opportunity provider"

## Monday

Cereal  
Assorted Muffins  
String Cheese  
Assorted Yogurt  
Milk

3

## Tuesday

Breakfast Burrito  
Assorted Cold Cereals  
Assorted Breakfast Bread  
Fresh Fruit  
Assorted Fruit Juices  
Milk  
Salsa

4

## Wednesday

Sausage Pancake on a Stick  
Assorted Cold Cereal  
Fresh Fruit  
Assorted Fruit Juices  
Milk

5

## Thursday

Sausage and Biscuit  
Assorted Cold Cereal  
Assorted Fruit Juices  
Chilled Fruit  
Assorted Jellies  
Milk

6

## Friday

Bacon  
Oatmeal  
Butter Toast  
Sliced Apples  
Milk

7

Breakfast Burrito  
Grits  
Assorted Cold Cereal  
Fresh Apples  
Chilled Fruit  
Milk

10

Breakfast Bagel  
Toaster Pastry  
Assorted Cold Cereal  
Fruit Cup  
Assorted Fresh Fruit  
Milk

11

Breakfast Pizza  
Grits  
Assorted Cold Cereal  
Assorted Toaster Pastry  
Fresh Fruit  
Assorted Fruit Juice  
Milk

12

Sausage Pancake on a Stick  
Assorted Cold Cereal  
Fresh Fruit  
Assorted Fruit Juices  
Milk

13

Bacon Strips  
Scrambled Egg Patty  
Grits  
Assorted Cold Cereal  
Chilled Fruit  
Assorted Fruit Juice  
Milk

14

**Fall Break  
No School**

17

Bacon  
Grits  
Biscuits  
Assorted Cold Cereals  
Assorted Fresh Fruit  
Assorted Fruit Juice  
Assorted Milk  
Assorted Jellies

18

Chicken patty  
Oatmeal  
Cheese Toast  
Chilled Fruit  
Assorted Cold Cereal  
Assorted Fruit Juice  
Milk  
Assorted Jellies

19

Breakfast Burrito  
Grits  
Assorted Cold Cereal  
Fresh Apples  
Chilled Fruit  
Milk

20

Breakfast Bagel  
Toaster Pastry  
Assorted Cold Cereal  
Fruit Cup  
Assorted Fresh Fruit  
Milk

21

Breakfast Pizza  
Grits  
Assorted Cold Cereal  
Assorted Toaster Pastry  
Fresh Fruit  
Assorted Fruit Juice  
Milk

24

Sausage Pancake on a Stick  
Assorted Cold Cereal  
Fresh Fruit  
Assorted Fruit Juices  
Milk

25

Waffles w/syrup  
Chicken Pattie  
Assorted Cold Cereals  
Assorted Breakfast Bread  
Assorted Fresh Fruit  
Assorted Fruit Juice  
Milk

26

Bacon Strips  
Scrambled Egg Patty  
Grits  
Assorted Cold Cereal  
Chilled Fruit  
Assorted Fruit Juice  
Milk

27

Sausage Patty  
Hash brown  
Egg Patty  
Assorted Cold Cereal  
Fresh Fruit  
Assorted Fruit Juice  
Milk

28

Sausage and Biscuit  
Assorted Cold Cereal  
Assorted Fruit Juices  
Fresh Fruit  
Assorted Jellies  
Milk

31

\*\*\*Menu subject to change without notice due to continuous manufacturer, supplier and distributor issues\*