

Menus for September 2026

FSD5 Johnsonville Middle School

This institution is an equal opportunity provider.
Menus are subject to change.

Breakfast Daily

Monday/Wednesday - *Grits and Eggs*

Tuesday/Thursday - *Biscuits and Gravy*

Friday - *Breakfast Sandwich*

Fruit and Milk Choice Available Daily

Lunch Daily

Big Salad

PF Uncrustable

Turkey Wrap or Sub or Chicken Salad

Fruit and Milk Choice

Featured Specials of the Day

Tuesday, September 1

Beef or Chicken Tacos
Beans, Shredded Let and Tom

Wednesday, September 2

Chicken Alfredo Pasta
Steamed Broccoli,
Breadstick

Thursday, September 3

Buffalo Wings
Veg Sticks
Roll

Friday, September 4

Teacher Work Day—No School

Monday, September 7

★ **LABOR DAY** ★

Tuesday, September 8

Beef Fajitas
Beans, Shredded Let and Tom

Wednesday, September 9

Baked Spaghetti
Corn, Breadstick

Thursday, September 10

Teriyaki Chicken
Rice, Mixed Vegetables

Friday, September 11

Pizza or Manager's Choice
Corn

30 BY THE NUMBERS
NUMBER OF MINUTES THE AVERAGE AMERICAN
FAMILY SPENDS PREPARING DINNER DAILY,
DOWN FROM 2.5 HOURS A DAY IN THE 1960'S



eatfit wanna stay fit?
gotta eat right!



item:
grilled
veggies
verdict:
AYCE

tip: As in "all you
can eat." Cut veggies
into pieces and put on
skewers. Include some
fresh pineapple for
sweetness. Brush with
olive oil. Eat. Keep
eating. Eat some more.

381 BY THE NUMBERS
TOTAL WORLDWIDE SALES OF
JEWELRY IN BILLIONS OF DOLLARS
FOR 2025, THE HIGHEST TOTAL EVER

Featured Specials of the Day

Monday, September 14

Sloppy Joe
French Fries, Tomato Slices

Tuesday, September 15

Rice w/ Chicken & Cheese (ACP)
Refried Beans, Salad w/ Ranch

Wednesday, September 16

Chicken Bog
Greens Beans, Biscuit

Thursday, September 17

Chicken Tenders
Mashed Potatoes,
Green Beans

Friday, September 18

Beef Stir Fry
Rice
Steamed Broccoli

Monday, September 21

Cheeseburger
French Fries
Let & Tom

Tuesday, September 22

Chicken Quesadilla
Bean and Corn,
Shredded Let & Tom

Wednesday, September 23

Pork Carnitas or Fried Shrimp
Cheese Grits
Stewed Tomatoes

Thursday, September 24

Fried Chicken
Mashed Potatoes,
Mas and cheese

Friday, September 25

Pizza or Manager's Choice
Corn

Please see the other page
for items available daily



AS THE BEES SWARMED TOWARD HER,
DEIRDRE FLASHED BACK ON THE LAST TIME
SHE'D FELT SUCH **BLIND PANIC**: THAT DAY,
MANY YEARS AGO, WHEN THE CAFETERIA
HAD RUN OUT OF TACO SALAD --**JUST AS**
SHE'D REACHED THE FRONT OF THE LINE!

THE **Top 10 Artists** **LIST**
for September 2026

- 1/Stray Kids
- 2/Morgan Wallen
- 3/Ariana Grande
- 4/Ella Langley
- 5/Olivia Rodrigo
- 6/Michael Jackson
- 7/Drake
- 8/Luke Combs
- 9/Taylor Swift
- 10/Bruno Mars

Source: Billboard

Featured Specials of the Day

Monday, September 28

BBQ Pork Sandwich
French Fries

Tuesday, September 29

Beef or Chicken Tacos
Beans, Shredded Let and Tom

Wednesday, September 30

Chicken Alfredo Pasta
Steamed Broccoli,
Breadstick



Afraid of sharks? Of course you are! But how about pencils – afraid of them? Or candles? Stairs? Hot dogs? Balloons? Coconuts? All of these things kill more people every year than shark attacks, which cause, on average, less than one death every two years in the U.S. In fact, watching “Shark Week” on TV may actually pose more danger to you than actual sharks – 29 people a year are killed by falling television sets!