

Wellness Committee Meeting
Minutes
October 15, 2025

Attendees: Rasheena Henry, Stephanie Duff, Prerna Singh

Discussed ways to add in more protein to the menu especially at breakfast time.

Ms. Duff discussed adding fresh fruits and vegetables so that the kids will easily get in their required amount daily.

Discussed promoting Bike to school to the community as apart of extra physical activity for the scholars and getting their parents involved.

1. Promote on social media
2. Promote on facebook page