SEIZURE ACTION PLAN (SAP)

EPILEPSY FOUNDATION

Houston County School District
Health Related Services

Name: _____ Birth Date: ____

_____

Address: _____ Phone: _____

Parent/Guardian: _____ Phone: _____

Emergency Contact/Relationship _____ Phone: _____

Seizure Information

Protocol for seizure during school (check all that apply) ☑

- D First aid – **Stay. Safe. Side.**
- D Give rescue therapy according to SAP
- D Notify parent/emergency contact
- D Contact school nurse at _____
- D Call 911 for transport to _____
- D Other _____

First aid for any seizure

- D **STAY** calm, keep calm, **begin timing seizure**
- D Keep me **SAFE** – remove harmful objects, don't restrain, protect head
- D **SIDE** – turn on side if not awake, keep airway clear, don't put objects in mouth
- D **STAY** until recovered from seizure
- D Swipe magnet for VNS
- D Write down what happens _____
- D Other _____

When to call 911

- D Seizure with loss of consciousness longer than 5 minutes, not responding to rescue med if available
- D Repeated seizures longer than 10 minutes, no recovery between them, not responding to rescue med if available
- D Difficulty breathing after seizure
- D Serious injury occurs or suspected, seizure in water

When to call your provider first

- D Change in seizure type, number or pattern
- D Person does not return to usual behavior (i.e., confused for a long period)
- D First time seizure that stops on its' own
- D Other medical problems or pregnancy need to be checked

When **rescue therapy** may be needed:

Students are not allowed to self-carry or self-administer controlled substances. Controlled substances such as diazepam and midalazam will be kept in a secure location at the school.

If seizure (cluster, # or length) _____

Name of Med/Rx _____ How much to give (dose) _____

How to give _____

If seizure (cluster, # or length) _____

Name of Med/Rx _____ How much to give (dose) _____

How to give _____

****PHYSICIAN AND PARENT TO SIGN AND FILL OUT BOTH SIDES****

Care after seizure

What type of help is needed? (describe) _____

When is student able to resume usual activity? _____

Special instructions

First Responders: _____

_____

Emergency Department: _____

_____

Daily seizure medicine

Medicine Name	Total Daily Amount	Amount of Tab/Liquid	How Taken (time of each dose and how much)

Other information

Triggers: _____

Important Medical History _____

Allergies _____

Epilepsy Surgery (type, date, side effects) _____

Device: ☐ VNS ☐ RNS ☐ DBS Date Implanted _____

Diet Therapy ☐ Ketogenic ☐ Low Glycemic ☐ Modified Atkins ☐ Other (describe) _____

Special Instructions: _____

_____

Health care contacts

Epilepsy Provider: _____ Phone: _____

Primary Care: _____ Phone: _____

Preferred Hospital: _____ Phone: _____

Pharmacy: _____ Phone: _____

My signature _____ Date _____

Provider signature _____ Date _____

Epilepsy.com

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