




# Covington County Schools

# K-8 LUNCH Menu---SEPTEMBER 2023

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|---|--|---|--|
| <p><b>A variety of condiments and milk are offered daily.</b></p>   |    |    |    | <p>MEXICAN PIZZA<br/>Whole Kernel Corn<br/>Refried Beans<br/>Mandarin Oranges<br/>Garden Salsa Sunchips<br/>Milk</p>             |
| <p><b>LABOR DAY<br/>NO SCHOOL</b></p>   | <p>5<br/>STUFFED CRUST PEPPERONI PIZZA<br/>Green Beans<br/>California Mixed Veggies<br/>Pineapple Chunks<br/>Milk</p>           | <p>6<br/>CORN DOG<br/>Macaroni &amp; Cheese<br/>Lima Beans<br/>Sliced Pears<br/>Cool Ranch Doritos<br/>Milk</p>                  | <p>7<br/>HOT WINGS<br/>Diced Roasted Potatoes<br/>Coleslaw<br/>Bananas<br/>Parmesan Breadstick<br/>Milk</p>   | <p>8<br/>LASAGNA<br/>Romaine Salad w/Ranch<br/>English Peas<br/>Apples<br/>Roll<br/>Milk</p>                                     |
| <p>11<br/>CHICKEN BITES<br/>Baked Sweet Potato<br/>Steamed Broccoli<br/>Mandarin Oranges<br/>Honey Mustard<br/>Milk</p>                 | <p>12<br/>CHICKEN ALFREDO<br/>Penne Pasta<br/>Steamed Carrots<br/>Green Beans<br/>Sliced Peaches<br/>Honey Grahams<br/>Milk</p> | <p>13<br/>HAMBURGER<br/>Lettuce &amp; Tomato Slice<br/>Romaine Salad w/Ranch<br/>Roasted Baby Potatoes<br/>Bananas<br/>Milk</p>  | <p>14<br/>TACO SALAD<br/>Refried Beans<br/>Whole Kernel Corn<br/>Apples<br/>Milk</p>  | <p>15<br/>FRENCH BREAD PEPPERONI PIZZA<br/>Potato Wedges<br/>Blackeye Peas<br/>Mixed Fruit<br/>Milk</p>                          |
| <p>18<br/>BAKED CHICKEN TENDERS<br/>Sweet Potato Fries<br/>Turnips<br/>Pineapple Chunks<br/>Roll<br/>Honey Mustard<br/>Milk</p>         | <p>19<br/>MINI CORN DOGS<br/>Baby Carrots w/Ranch<br/>Lima Beans<br/>Sliced Peas<br/>Milk</p>                                   | <p>20<br/>CHEESE PIZZA<br/>Tossed Salad w/Ranch<br/>California Mixed Veggies<br/>Oranges<br/>Milk</p>                            | <p>21<br/>CRISPFLA CHICKEN SANDWICH<br/>Lettuce &amp; Tomato Slice<br/>Broccoli &amp; Cheese<br/>Shoestring Fries<br/>Apples<br/>Vanilla Frozen Yogurt Cup<br/>Milk</p> | <p>22<br/>CRISPITO WITH CHEESE<br/>Whole Kernel Corn<br/>Refried Beans<br/>Bananas<br/>Salsa<br/>Cool Ranch Doritos<br/>Milk</p> |
| <p>25<br/>CHICKEN TERRIYAKI<br/>Brown Rice<br/>Steamed Broccoli<br/>Steamed Carrots<br/>Mandarin Oranges<br/>Honey Grahams<br/>Milk</p> | <p>26<br/>SPAGHETTI &amp; MEAT SAUCE<br/>Romaine Salad w/Ranch<br/>English Peas<br/>Apples<br/>Roll<br/>Milk</p>                | <p>27<br/>ITALIAN CHEESY BREAD<br/>Blackeye Peas<br/>Green Beans<br/>Bananas<br/>Marinara Sauce<br/>BBQ Baked Chips<br/>Milk</p> | <p>28<br/>BBQ CHICKEN POTATO<br/>California Mixed Veggies<br/>Coleslaw<br/>Sliced Peaches<br/>Garden Salsa Sunchips<br/>Milk</p>  | <p>29<br/>GRILLED CHICKEN SANDWICH<br/>Shoestring Fries<br/>Baked Beans<br/>Oranges<br/>Milk</p>                                 |

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