

November 2021

Hines Middle School Breakfast and Lunch Menu

Lunch – **\$0.00** paid SY21-2022 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY				
1	<p>Cereals & Grains Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara Veggie, Fruit & Milk</p>	2	<p>Breakfast Cereals & Grains or Breakfast Pizza, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Burger w/ Corn Veggie, Fruit & Milk</p>	3	<p>Breakfast Cereals & Grains or Muffins w/ Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit & Milk</p>	4		<p>NO SCHOOL PARENT-TEACHER CONFRENCES</p>		
8	<p>Breakfast Cereals & Grains, Soft Pretzel w/ PB & J, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Corn Dogs w/ Baked Beans Veggie, Fruit & Milk</p>	9	<p>Breakfast Cereals & Grains, Pancakes Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Cheese burgers w/ French Fries Veggie, Fruit & Milk</p>	10	<p>Breakfast Cereals & Grains, Cherry Frudel Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bacon Stuffed Baked Potato w/ Cheese Veggie, Fruit & Milk</p>	11		<p>NO SCHOOL VETERENS' DAY</p>		
15	<p>Breakfast Cereals & Grains, Fruit & Milk Banana Bread w/ String Cheese, Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Strips/ Jo Jo's Veggie, Fruit & Milk</p>	16	<p>Breakfast Cereals & Grains, Fruit & Milk Egg & Cheese Breakfast Sand Fruit , Milk Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco's Refried Beans w/ Cheese Veggie, Fruit & Milk</p>	17	<p>Breakfast Cereals & Grains, Fruit & Milk Yogurt Parfait w/ Fruit & Granola, Milk Lunch <i>Sandwiches & Salads daily</i> Lasagna w/ Tx Toast Green Beans Veggie, Fruit & Milk</p>	18		<p>Breakfast Cereals & Grains, Fruit & Milk Maple Bar w/ Cracker Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Hamburger w/Chips Veggie, Fruit & Milk Friday School Day Nov 19th</p>		
22	<p>Breakfast Cereals & Grains, Fruit & Milk Waffles w/ PB, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> BBQ Pork Rib Sand w/ Baked Beans Veggie, Fruit & Milk</p>	23	<p>Breakfast Cherry Frudel or Cereal grains Fruit & Milk Lunch (Only Option) Turkey w/ Stuffing, Mashed Potato w/ Gravy, Green Beans, Green Salad, Dessert & Milk</p>	23		<p>NO SCHOOL THANKSGIVING BREAK</p>		23		<p>NO SCHOOL THANKSGIVING BREAK</p>
29	<p>Breakfast Cereals & Grains, Muffins Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Vegetable Fried Rice, Egg Roll Veggie, Fruit & Milk</p>	30	<p>Breakfast Cereals & Grains, Fruit & Milk Egg & Cheese/Hash Bowl, Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Nacho's W/ Beans & Cheese Chicken Tostada w/ Rice Veggie, Fruit & Milk</p>	30				19		<p>Friday School Breakfast Cereals & Grains ,Breakfast Pizza, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Turkey Sub w/ Chips Veggie, Fruit & Milk</p>

This institution is an equal opportunity provider.

