



LAKE WALES CHARTER SCHOOLS HUMAN GROWTH AND DEVELOPMENT, REPRODUCTIVE HEALTH AND DISEASE EDUCATION

Introduction:

Human Growth and Development, reproductive health, and disease information provide students with the knowledge and skills they need to be healthy throughout their lifetime. The intent is to motivate students to maintain and improve their health, prevent disease, and avoid or reduce health-related risk behaviors.

Lake Wales Charter Schools offer abstinence-centered programs. Abstinence-centered programs emphasize the benefits of abstinence, including information about non-coital sexual behavior and disease prevention methods.

In conjunction with classroom teachers in grades 4 - 12, Health Services personnel provide students with age and developmentally appropriate information regarding human growth and development. Prior to instruction, a parent notification letter is issued outlining the lesson topics, providing an opportunity to review the instructional materials and extending the option to exempt their student from lessons that contain reproductive health content.

The curriculum, materials, and instruction are based on medical models of research, adoption, and adaptation of curriculum sources, including health textbooks. Medical accuracy and updates are obtained from the Centers for Disease Control and Prevention, Florida Department of Education Health Curriculum, and Florida Department of Health.

The Lake Wales Charter Schools curriculum is designed to meet state standards. Topics of instruction include concepts derived from required instruction.

FLORIDA STATE REQUIREMENTS

Florida State Statute 1003.42 (2)(n): Required Instruction

Comprehensive health education that addresses concepts of community health; consumer health; environmental health; family life, including an awareness of the benefits of sexual abstinence as the expected standard and the consequences of teenage pregnancy; mental and emotional health; injury prevention and safety; Internet safety; nutrition; personal health; prevention and control of disease; and substance use and abuse. The health education curriculum for students in grades 7

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through 12 shall include a teen dating violence and abuse component that includes, but is not limited to, the definition of dating violence and abuse, the warning signs of dating violence and abusive behavior, the characteristics of healthy relationships, measures to prevent and stop dating violence and abuse, and community resources available to victims of dating violence and abuse.

Florida State Statute 1003.46 Health education; instruction in acquired immunodeficiency syndrome. -

(1) Each district school board may provide instruction in acquired immune deficiency syndrome education as a specific area of health education. Such instruction may include, but is not limited to, the known modes of transmission, signs and symptoms, risk factors associated with acquired immune deficiency syndrome, and means used to control the spread of acquired immune deficiency syndrome. The instruction shall be appropriate for the grade and age of the student and shall reflect current theory, knowledge, and practice regarding acquired immune deficiency syndrome and its prevention. (2) Throughout instruction in acquired immune deficiency syndrome, sexually transmitted diseases, or health education, when such instruction and course material contains instruction in human sexuality, a school shall: (a) Teach abstinence from sexual activity outside of marriage as the expected standard for all school-age students while teaching the benefits of monogamous heterosexual marriage. (b) Emphasize that abstinence from sexual activity is a certain way to avoid out of wedlock pregnancy, sexually transmitted diseases, including acquired immune deficiency syndrome, and other associated health problems. (c) Teach that each student has the power to control personal behavior and encourage students to base actions on reasoning, self-esteem, and respect for others. (d) Provide instruction and material that is appropriate for the grade and age of the student.

LESSONS AND TOPICS

Elementary School: Grades 4 and 5

Elementary school students receive human growth and development instruction in grades 4-5. Members of the LWCS Health Services team will deliver the content.

Grade 4

Topics	Lessons
<ul style="list-style-type: none">● Puberty● Reproductive Systems● Personal Hygiene● Healthy Decision Making	<ul style="list-style-type: none">● Grade 4 Boys Being Healthy and Puberty● Grade 4 Girls Being Healthy and Puberty● Grade 4 Health Lesson Workbook

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Schools must distribute the parent letter informing of the lessons and providing the parent with the option of withholding instruction. Boys and girls are separated for puberty content.

Grade 5

Topics	Lessons
<ul style="list-style-type: none"> ● Endocrine System ● Puberty ● Reproductive Systems ● Personal Hygiene ● Immune System ● HIV/AIDS 	<ul style="list-style-type: none"> ● Grade 5 Endocrine System ● Grade 5 Boys Puberty ● Grade 5 Girls Puberty ● Grade 5 HIV and AIDS ● Grade 5 Immune System ● Grade 5 Boys Health Lesson Workbook ● Grade 5 Girls Health Lesson Workbook

Schools must distribute the parent letter informing of the lessons and providing the parent with the option of withholding instruction. Boys and girls are separated for puberty content.

Middle School: Grades 6, 7, and 8

Middle school students receive human growth and development instruction in grades 6, 7, and 8. Members of the LWCS Health Services team will deliver the content.

Grade 6

Topics	Lessons
<ul style="list-style-type: none"> ● Reproductive Systems ● Puberty and Hygiene ● Fertilization and Birth ● HIV and AIDS 	<ul style="list-style-type: none"> ● Grade 6 Boy Puberty Changes with Opposite (Girl) Content ● Grade 6 Girl Puberty Changes with Opposite (Boy) Content ● Grade 6 Fertilization and Birth ● Grade 6 HIV and AIDS ● Grade 6 Boys Health Lesson Workbook ● Grade 6 Girls Health Lesson Workbook

Schools must distribute the parent letter informing of the lessons and providing the parent with the option of withholding instruction. Boys and girls are separated for puberty content in grade 6.

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Grade 7

Topics	Lessons
<ul style="list-style-type: none"> ● Reproductive Systems ● Puberty and Hygiene ● Sexually Transmitted Diseases ● HIV and AIDS ● Dating Violence ● Human Trafficking 	<ul style="list-style-type: none"> ● Grade 7 Reproductive Systems Male and Female ● Grade 7 STDs and AIDS ● Grade 7 Dating Violence Prevention ● Grade 7 Human Trafficking ● Grade 7 Health Lesson Workbook ● Dating Abuse Video #1- Jealousy ● Dating Abuse Video #2- Too Much Texting ● Dating Abuse Video # 3- Get Lost ● Dating Abuse Video #4- Human Trafficking

Grade 8

Topics	Lessons
<ul style="list-style-type: none"> ● Reproductive Systems ● Teen Pregnancy ● Sexually Transmitted Diseases ● HIV and AIDS ● Teen Dating Violence and Abuse ● Human Trafficking 	<ul style="list-style-type: none"> ● Grade 8 Reproductive Systems Male and Female ● Grade 8 Consequences of Teen Pregnancy ● Grade 8 STDs and HIV ● Grade 8 Teen Dating Violence and Abuse ● Grade 8 Health Lesson Workbook ● Choose Respect Video ● Teen Dating Violence Clip ● Human Trafficking Video

Schools must distribute the parent letter informing of the lessons and providing the parent with the option of withholding instruction. Boys and girls are not separated for puberty content in 7th & 8th grade.

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High School: Grades 9, 10, 11, and 12

High school students receive human growth and development instruction as a part of the Health Opportunities through Physical Education (HOPE) course. Teachers for the HOPE course will deliver the content to students enrolled in their class.

High School HOPE Course Topics

Topics	Lessons
<ul style="list-style-type: none">● Reproductive Systems● Teen Pregnancy● Family Planning● Sexually Transmitted Diseases● HIV and AIDS● Teen Dating Violence and Abuse● Human Trafficking	<ul style="list-style-type: none">● High School Reproductive System Review● High School Teen Pregnancy● High School Family Planning● High School STDs and HIV● High School Dating Abuse● High School- HOPE Class Health Lesson Workbook● Human Trafficking Video

Schools must distribute the parent letter informing of the lessons and providing the parent with the option of withholding instruction.

Exceptional Student Education Students

Exceptional Student Education students in self-contained classrooms receive instruction from the LWCS Health Services team members.

Content is closely aligned to the lesson topics for each grade level and is implemented based on collaboration with the classroom teacher. Lesson instruction and materials may be modified for age and developmentally appropriate delivery. Topics include personal health, prevention and control of diseases, and dating violence and abuse.

Separation of students for content in ESE self-contained classes will be decided on a classroom-by-classroom basis as age and developmentally appropriate.

Schools must distribute the parent letter informing of the lessons and providing the parent with the option of withholding instruction.

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Instructional Materials

Classroom instructional materials pertaining to reproductive health and disease information and parent notification letters and the process for exempting or withholding instruction are available by accessing <https://www.lwcharterschools.com/healthcurriculum>.