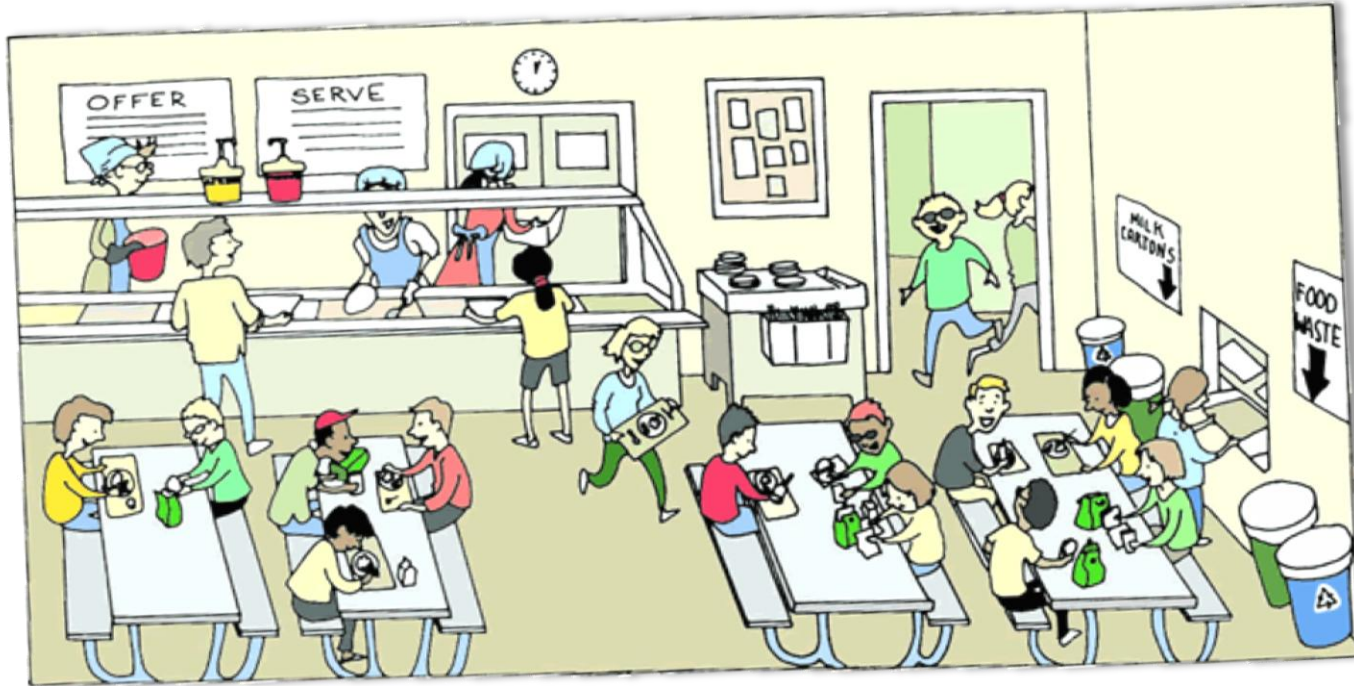


OFFER vs. SERVE: Breakfast



**For grades K—12, school breakfasts must offer:
2 svg Grain/Bread (serving sizes vary) *OR*
2 oz Meat/Meat Alternative (1 oz equivalent each) *OR*
1 oz Meat/Meat Alternative and 1 svg Grain/Bread *OR*
an equivalent combination of Meat/Meat Alternative and Grain/Bread
AND
Milk and Juice**