



Jamestown Area School District

Head Start Lunch Menu

January 2026



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
29-Dec 	30-Dec	31-Dec	1-Jan No School 	2-Jan No School
5-Jan Chicken Tender Wrap (Chicken and Cheese) Ranch or BBQ Dip Baked French Fries Diced Pears	6-Jan Nacho Supreme Turkey Taco Meat Rice Pilaf Refried Beans Lettuce, Tomato, Olives, Salsa, Sour Cream Diced Peaches	7-Jan Buttered Noodles with Meat Sauce Garlic Bread Stick Garden Salad Applesauce	8-Jan Breaded Chick-Filet on WG Bun Waffle Fries Lettuce, Tomato, Pickle Mandarin Oranges 	9-Jan Tony's Deep Dish Personal Pizza Undecided Fries this is an intentional surprise Garden Salad Fruit Variety
12-Jan General Tso Chicken WG Rice Pilaf Oriental Vegetables Chilled Pineapple Sweet & Sour Dip	13-Jan Cheese Filled Ravioli Savory Marinara Sauce Garlic Bread Stick Green Beans Diced Pears	14-Jan Chicken Popper Bowl Dinner Roll Mashed Potato & Gravy Steamed Corn Applesauce	15-Jan Cheeseburger on WG Bun Lettuce Leaf, Tomato, Pickle Tater Tots Baked Beans Mandarin Oranges	16-Jan No School 
19-Jan No School 	20-Jan Macaroni and Cheese Garlic Bread Stick Steamed Broccoli Diced Peaches	21-Jan Chicken Nuggets School Made Dinner Roll Mashed Potatoes & Gravy Steamed Carrots Applesauce	22-Jan Nacho Supreme Turkey Taco Meat Rice Pilaf Refried Beans Lettuce, Tomato, Olives, Salsa, Sour Cream Mandarin Oranges	23-Jan Stuffed Crust Cheese Pizza Garden Salad with Ranch Fruit Variety Ice Cream Treat!
26-Jan General Tso Chicken WG Rice Pilaf Oriental Vegetables Chilled Pineapple Sweet & Sour Dip	27-Jan Pizza (Cheese or Cheese & Pepperoni) Garden Salad Diced Peaches	28-Jan Chicken Patty on WG Bun Lettuce, Tomato, Pickles Oven Baked French Fries Applesauce	29-Jan Sunbutter & Jelly Sandwich Baked Chips Carrot Sticks with Dip Apple Slices 	30-Jan Meatball Hoagie on WG Bun Mozzarella Cheese Baked French Fries Fruit Variety

This institution is an equal opportunity provider.

Daily Fruit: Apples, Bananas, Oranges, Canned Fruit

Daily Vegetables: Carrot Sticks, Sliced Vegetables, Lentil Salad Variety, Garden Salad

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.

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