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PRESS RELEASE

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Houston County School District Distributes Affirmation Bracelets to All Students

HOUSTON COUNTY, GA – The Houston County School District recently distributed affirmation bracelets with messages of encouragement and support to students in all 39 schools. Students are encouraged to wear their bracelet or give it away if they see a fellow student who needs to be uplifted. Each bracelet displays one of the messages below.

- I matter.
- Someone cares about me.
- I am enough.

The affirmation bracelets were made available through Project AWARE (Advancing Wellness and Resiliency in Education), a program that promotes the mental health and well-being of students.



“For most, the holidays are a time of celebration and cheer,” said Tangela Brice, Project AWARE Coordinator. “However, we also know that there are some students who greatly miss the encouragement and support that is provided in their school buildings. These bracelets are a small way for us to remind our students of how much they mean to others.”

In 2020, the District received a grant from the Georgia Department of Education to start Project AWARE in Houston County. The goal of the program is to increase awareness of mental health issues, provide training to detect and respond to mental health issues, and to connect individuals with behavioral health services.

For more information about Project AWARE, visit <https://bit.ly/3m7DNkp> or call Tangela Brice at (478) 397-0364.

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