

August 2024

Leland School District Lunch Menu – Grades 9th thru 12th Child Nutrition Department

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar. In the early Roman calendar, August was actually the sixth month of the year. It was originally 30 days in length, but an extra day was added so that it would equal the number of days in July, which was named after Julius Caesar.

5
Buffalo Hot Wings
Chef Salad W/Saltine Crackers
Baked Fries
Tossed Green Salad
Corn On The Cob
Fresh Red/Green Grapes,
Apples or Bananas
Assorted Fruit Juice
WW Garlic Toast
Variety Milk
Ketchup, Ranch Dipping Sauce

6
Spaghetti Meat Sauce
Chef or Tuna Salad
Saltine Crackers
Buttered Rolls
Corn on the Cob
Sweet Peas
Carrots W/Dip
Fresh Fruit, Pineapple Tidbits
Variety Milk
Variety of Salad Dressings

7
Hamburger Steak W/Gravy
Tuna Salad Salad W/Crackers
Buttered Rice
Sweet Potato Pattie
Green Beans
Sweet Rolls
Fresh Grapes & Strawberries
Chilled Sliced Peaches
Assorted Fruit Juice
Variety of Milk
Variety Salad Dressings

1
*Child Nutrition
Staff*
**WELCOME
BACK!!!!**



8
Chicken Strips
Tuna Salad Salad w/Crackers
Mashed Potatoes & Gravy
Seasoned Green Beans
Buttered Sweet Rolls
Assorted Chilled Fruit
Fresh Apples
Assorted Fruit Juice
Variety Milk
Variety Dipping Sauce
Variety Salad Dressings

9
Bacon Cheeseburger
With Trimmings, Pickle Spears
Chef Salad W/Crackers
Seasoned Fries
BBQ Baked Beans
Carrots with Ranch Dip
Blushing Pears, Fresh Fruit
Mandarin Oranges
Ketchup, Mustard, Mayo
Variety Milk
Chocolate Chip Cookies

12
Southern Beef Lasagna
Chicken Strip Salad
Chef Salad
W/Crackers
Sweet Buttered Rolls
Corn on the Cob
Seasoned Green Beans
Fresh Orange Wedges
Pineapple Tidbits, Apples
Variety Milk
Variety Salad Dressings

13
Lemon Pepper Chicken
Tuna or Chef Salad
w/Crackers
Buttered Rice
Mac & Cheese
Seasoned Cabbage, Yams
Corn Bread
Tropical Fruit\Fresh Fruit Bowl
Variety Milk
Hot Sauce
Chocolate Chip Cookies

14
Beef Taco w/Crispy Shells
Chips, Tortilla, WG,
Chef Salad
Saltine Crackers
Crispy Sweet Potato Cubes
Mexicali Corn
Fresh Banana
Assorted Fruit Cup
Taco Sauce or Salsa
Variety Milk

15
Chilli Cheesey Hot Dogs
Chicken Tender Salad W/Crackers
Sweet Peas
Baked Potato Wedges
Carrots With Dip
Assorted Fruit Freeze
Fresh Apple, Assorted Fruit Juice
Variety of Milk
Ketchup, Mustard
Variety Salad Dressings

16
BBQ Rib Sandwich
Mexican Pizza
Chef Salad W/Crackers
Potato Wedges
BBQ Baked Beans,
Confetti Coleslaw, Carrots & Dip
Fresh Plums, Fruit Cup
Variety Low Fat Milk
Ketchup
Variety of Salad Dressings
Variety of Jell-O or Pudding

19
Chicken Strips
Tuna Salad Salad w/Crackers
Mashed Potatoes & Gravy
Seasoned Green Beans
Buttered Sweet Rolls
Assorted Chilled Fruit
Fresh Apples
Assorted Fruit Juice
Variety Milk
Variety Dipping Sauce
Variety Salad Dressings

20
Hamburger Steak W/Gravy
Tuna Salad Salad W/Crackers
Buttered Rice
Sweet Potato Pattie
Green Beans
Sweet Rolls
Fresh Grapes & Strawberries
Chilled Sliced Peaches
Assorted Fruit Juice
Variety of Milk
Variety Salad Dressings

21
Barbecue Chicken
Tuna Salad Salad or
Chef Salad W/Crackers
Macaroni & Cheese
Carrots with Dip
BBQ Baked Beans
Buttered Rolls, Fresh Fruit Bowl
Sliced Strawberries
Variety Milk
Variety of Jell-O or Pudding

22
Stuffed Crust Pizza
Meat Lovers Pizza
Tuna Salad Salad W/Crackers
Whole Kernel Corn,
Seasoned Fries
Fresh Fruit, Diced Pears or
Fruit Freezes or Fruit Juice
Variety Milk
Ketchup
Variety Salad Dressings

23
Spicy Chicken Sandwich
Crispy Chicken Sandwich
Lettuce, Tomato & Pickles
Tuna Salad Salad W/Crackers
Potato Wedges
Corn On The Cob
Fresh Fruit
Assorted Fruit Freeze
Ketchup, Mustard, Mayo,
Variety Milk
Assorted Cookies

26
Chicken Fajitas Over Rice
Chef Salad W/Crackers
Seasoned Green Beans
Sweet Rolls
Tossed Green Salad
Assorted Chilled Fruit
Fresh Grapes & Strawberries
Assorted Fruit Juice
Variety Milk

27
BBQ Rib Sandwich
Mexican Pizza
Chef Salad W/Crackers
Potato Wedges
BBQ Baked Beans
Confetti Coleslaw
Carrots & Dip
Fresh Plums, Fruit Cup
Variety Low Fat Milk
Ketchup
Variety of Salad Dressings

28
Lemon Pepper Chicken
Tuna or Chef Salad
w/Crackers
Buttered Rice, Mac & Cheese
Seasoned Cabbage, Yams
Pinto Beans, Corn Bread
Tropical Fruit\Fresh Fruit Bowl
Variety Milk
Hot Sauce
Chocolate Chip Cookies

29
Chilli Cheesey Hot Dogs
Chef Salad W/Crackers
Sweet Peas
Baked Potato Wedges
Carrots With Dip
Assorted Fruit Freeze
Fresh Apple, Assorted Fruit Juice
Variety of Milk
Ketchup, Mustard
Variety Salad Dressings

30
Buffalo Hot Wings
Chef Salad W/Saltine Crackers
Baked Fries, Tossed Green Salad
Corn On The Cob
Red/Green Grapes or Apples
Assorted Fruit Juice
WW Garlic Toast
Variety Milk
Ketchup, Ranch Dipping Sauce
Variety of Jell-O or Pudding

Offered Daily
*Low-fat Milk
*Chocolate Milk
Strawberry Milk
*Vanilla Fat-Free Milk
*Lactose-free Milk
*Soy Milk

Offered Daily
* Chef, Tuna or Chicken Salad
Chicken Fajita Salad
Chicken Tender Salad

**All menus are subject
to change.**

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**Meal Pattern
Offer Verses Serve**

What Makes a Lunch

Select 3-5 Components



One must be a

