



FRAZIER SCHOOL DISTRICT
Inspire and Empower
HIGH SCHOOL
MARCH 2026



Lunch Menu

Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.85



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| 2 Texas Toast Grilled Cheese Tomato Soup Tatar Tots Fruit & Vegetable Bar Milk Choice | 3 Hard or Soft Beef Taco w/ Cheese, Lettuce, Sr Cream, Salsa & Seasoned Corn Fruit & Vegetable Bar Milk Choice | 4 Baked Italian Hoagie Potato Chips Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice | 5 Chicken Alfredo o/ Penne Pasta, Garlic Bread Stick & Broccoli Fruit & Vegetable Bar Milk Choice | 6 Pizza Crunchers with Marinara Sauce Seasoned Green Beans Fruit & Vegetable Bar Milk Choice |
| 9 TEACHER IN-SERVICE DAY | 10 Chicken Quesadilla Salsa & Sour Cream Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice | 11 Chili Cornbread Tatar Tots Fruit & Vegetable Bar Milk Choice | 12 Mandarin Orange Chicken over Rice Seasoned Broccoli Fruit & Vegetable Bar Milk Choice | 13 School Made Pizza w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice |
| 16 Corn Dogs Potato Smiles Baked Beans Fruit & Vegetable Bar Milk Choice | 17 Nacho Grande Salsa, Sour Cream, Lettuce Cheese & Seasoned Corn Fruit & Vegetable Bar Milk Choice | 18 French Toast Sticks Sausage Links Hashbrowns Fruit & Vegetable Bar Milk Choice | 19 Popcorn Chicken Bowl Mashed Potato & Gravy Fruit & Vegetable Bar Milk Choice | 20 Italian Dunkers with Marinara Sauce Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice |
| 23 Swedish Meatballs over Noodles Seasoned Peas Fruit & Vegetable Bar Milk Choice | 24 Lasagna Roll Ups with Meatsauce Garlic Bread Stick & Green Beans Fruit & Vegetable Bar Milk Choice | 25 Smokehouse BBQ Bacon Cheese Steak Burger Potato Smiles Fruit & Vegetable Bar Milk Choice | 26 Holiday Meal Cream Chicken o/ Biscuit Mashed Potato & Gravy Fruit & Vegetable Bar Milk Choice | 27 School Made Pizza w/o Pepperoni Mini Salad & Broccoli Fruit & Vegetable Bar Milk Choice |
| 30 Chicken Parmesan on Bun Crinkle Cut French Fries Fruit & Vegetable Bar Milk Choice | 31 Walking Taco w/ Cheese, Lettuce, Sr Cream Salsa, Refried Beans & Corn Fruit & Vegetable Bar Milk Choice | | | |

Daily Alternates may included
 Cheeseburger on a Bun
 Hamburger on a Bun
 Breaded Chicken Patty/Bun
 Spicy Chicken Patty/Bun
 Chef Salad w/Choice of Meat,
 Croutons & Dinner Roll
 Cold Wraps with Chips

**Additional Choices of Fresh Fruits
and Vegetables offered daily may
include:**

Apples, Apple Slices, Oranges, Grapes,
 Bananas, Seasonal Fruits, , Baby
 Carrots, Cucumber Slices and Celery
 Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

**Students are offered low fat and
non fat milk choices daily and is
included with all meals**

The Frazier School District Food Service
 Department needs Cafeteria Workers
 Applications available at the Administratin Office

Food Service Manager
 Christie Mansberry
 724-736-9507 x431
 cmansberry@fraizersd.org