



FRAZIER SCHOOL DISTRICT

Inspire and Empower

BREAKFAST MENU

NOVEMBER 2025



Menu Subject to Change

Frazier participates in CEP
All Student meals are Free
Adult Breakfast: \$2.95

Elementary Alternates may Include

3 Monday Glazed Donut Assorted Fruit 100% Fruit Juice Milk Choice	4 Tuesday Confetti Pancake Assorted Fruit 100% Fruit Juice Milk Choice	5 Wednesday Otis Spunkmeyer Fruit Muffin & Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	6 Thursday Soft Cinnamon Toast Crunch Bar Assorted Fruit 100% Fruit Juice Milk Choice	7 Friday Sausage, Egg & Cheese Bagel Assorted Fruit 100% Fruit Juice Milk Choice
10 Chocolate Donut Cup Assorted Fruit 100% Fruit Juice Milk Choice	11	12 Cinnamon Roll Assorted Fruit 100% Fruit Juice Milk Choice	13 Cereal w/ Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	14 Pancake on a Stick Assorted Fruit 100% Fruit Juice Milk Choice
17 Trix Yogurt w/ Belly Bears Assorted Fruit 100% Fruit Juice Milk Choice	18 Sweet Roll Assorted Fruit 100% Fruit Juice Milk Choice	19 Super Bakery Banana Bread Slice Assorted Fruit 100% Fruit Juice Milk Choice	20 Apple Frudel Assorted Fruit 100% Fruit Juice Milk Choice	21 Funnel Cake Assorted Fruit 100% Fruit Juice Milk Choice
24 Pull Apart Donut Assorted Fruit 100% Fruit Juice Milk Choice	25 Chocolate Chip French Toast Assorted Fruit 100% Fruit Juice Milk Choice	26	27	28

Choose 1

Benefit Bar

May Choose 2

1 oz Cereal Bowl

Single Poptart

4 oz Yogurt

Belly Bears

2 oz Fruit Muffin or Muffin Top or

Mini Loaf

Cereal Bar

Middle School Grab N'Go Breakfast
Cart may Include

Choose 1

Benefit Bar

2 ct Poptarts

Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmeyer
Muffin

2 oz Cereal Bowl

High School Grab N'Go Breakfast
Cart may Include

Choose 1

Benefit Bar

2 ct Poptarts

Hadley Farms Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmeyer
Muffin

2 oz Cereal Bowl

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes: (2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. ***If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.**

Food Service Manager
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Frazier is an equal opportunity provider