

February 2023

Lunch

Greenwich Township

= Vegetarian Ingredients = Gluten-Free Ingredients

DAILY ALTERNATES:

- Smuckers Peanut Butter & Jelly Sandwich
- Cereal Lunch (Cereal, Yogurt,
- Cheese Stick & Goldfish

FRUIT: Fresh, Cupped & 100% Fruit Juice
MILK: Skim Chocolate, 1% White & Lactaid

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Grilled Cheese on w/g White Bread w Tomato Soup Buffalo Chicken Salad <u>Sides:</u> Hash Brown & Baked Beans Celery w/ Ranch	2 Popcorn Chicken w/ a Corn Muffin <u>Sides:</u> Mashed Potatoes, Corn & Gravy Carrots w/ Ranch	3 Tony's Pizza By The Slice <u>Sides:</u> Caesar Salad
6 Stuffed Bread Sticks w/ Marinara Sauce Chicken Caesar Salad <u>Sides:</u> Mixed Vegetables Carrots w/ Ranch	7 Chicken Cheese Steak on a w/g Torp Garden Salad w/ Cheese <u>Sides:</u> Fries & Toasty Bean Bites Cucumbers w/ Ranch	8 Turkey & Cheese on a w/g Wrap w/ Chips Buffalo Chicken Salad <u>Sides:</u> Cooked Carrots Celery w/ Ranch	9 Chicken Parm w/ Pasta <u>Sides:</u> Peas Carrots w/ Ranch	10 Tony's Pizza By The Slice <u>Sides:</u> Garden Salad
13 French Toast Sticks w/ Sausage & Syrup Chicken Caesar Salad <u>Sides:</u> Tater Tots Carrots w/ Ranch	 15 Chicken, Broccoli & Cheese Over Brown Rice Garden Salad w/ Cheese <u>Sides:</u> Cucumbers w/ Ranch	15 Cheese Burger on a w/g Bun Buffalo Chicken Salad <u>Sides:</u> Fries & Baked Beans Celery w/ Ranch	16 Chicken Nuggets w/ Mac & Cheese <u>Sides:</u> Seasoned Green Beans Carrots w/ Ranch	17
20 	21 Hot Dog on a w/g Bun Garden Salad w/ Cheese <u>Sides:</u> Fries & Toasty Bean Bites Cucumbers w/ Ranch	22 Ham & Cheese on a w/g Wrap w/ Chips Buffalo Chicken Salad <u>Sides:</u> Mixed Vegetables Celery w/ Ranch	23 Popcorn Chicken w/ a Corn Muffin <u>Sides:</u> Mashed Potatoes, Corn & Gravy Carrots w/ Ranch	24 Tony's Pizza By The Slice <u>Sides:</u> Caesar Salad
27 Mozzarella Sticks w/ Marinara Sauce Chicken Caesar Salad <u>Sides:</u> Streamed Broccoli Carrots w/ Ranch	28 Walking Tacos w/ Doritos Garden Salad w/ Cheese <u>Sides:</u> Golden Corn Cucumbers w/ Ranch	Lunch Includes: Protein Grain Fruit Veggie Milk Choose at least 3 out of 5 components— 1 must be a fruit or veggie. You may take 2 fruits & 2 veggies! Lunch Prices Student Paid: \$3.25 Free & Reduced Status: free! Adult Lunch: \$5.00	CAFÉ CONTACT INFO: Kristine Colo, Food Service Director gre@nsfm.com Phone: 856-224-4900ext 2128 *Menu subject to change	

View your lunch account: www.schoolpaymentportal.com | View interactive menus: greenwich.nutrislice.com