



Student/Staff Sick Guidance

The purpose of this document is to give guidance to Lake Wales Charter Schools students and staff regarding sickness.

Symptoms/Situations Requiring Absence:

- 1) Active nausea, vomiting, or diarrhea that lasts longer than 24 hours;
- 2) Temperature of 100.4 or higher, chills, generalized body aches/fatigue;
- 3) Headache that is continuous, and atypical for those who suffer from frequent headaches/migraines;
- 4) Shortness of breath or difficulty breathing, cough, sore throat, congestion, loss of taste or smell;
- 5) Positive COVID-19 test results with or without any symptoms;
Known COVID-19 symptoms include **fever, chills, cough, shortness of breath, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion, nausea, vomiting, and/or diarrhea.**
- 7) The first 24 hours of various antibiotic treatments (i.e. for strep throat, pink eye, etc.);
- 8) Undiagnosed, new, and/or untreated rash or skin condition (i.e. generalized hives, wound with purulent drainage, etc.);
- 9) Doctor's note requiring an individualized plan of care to stay home.

When to Return:

- 1) 24 hours after resolution from any of the symptoms listed above.
- 2) If you are COVID positive with or without symptoms, you are able to return to school or work 5 days after your symptoms first began or your test date if you do not have symptoms, as long as you have been fever-free for at least 24 hours. If you continue to have a fever, you must wait to return to school or work until you have been fever-free for 24 hours.
- 3) Doctor's note of clearance for various student/staff-specific medical conditions.