

LoFat or Fat Free

Milk Choice offered

## Middle School Menu October 2024

## www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.60 Extra Lunch Entrée — \$2.00 Rice Krispie Treat — \$1.00 Soft Pretzel — \$1.00 Flavored Water — \$1.75 Extra Breakfast Entrée — \$1.75 All Extra Side Dishes — \$0.50 Cookie (1) — \$0.50 Cheese Sauce Cup — \$0.50 Schools will be offering free breakfast and lunch to all students regardless of income.

Adult Breakfast—\$2.00

Adult Lunch \$4.00

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daily	Monday	Tuesday	Wednesday	Thursday	Friday	
Day	7	8	9	10	11	
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	Biscuit Choice or Cereal w/Muffin / Juice / Fruit	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	Manager's Choice Juice / Fruit	
Choose 1 Lunch Entrée or Salad Choice	TACOS (2) OR STUFFED CRUST CHEESE PIZZA	CHICKEN FAJITA GRILLED CHEESE SANDWICH	CHICKEN BISCUIT OR PANCAKES W/SAUSAGE PATTIES (2)	Lasagna w/ Texas toast Or Pizza	Manager's Choice	
Must Choose at Least 1:	LETTUCE, TOMATO SHREDDED CHEESE / STEAMED WHOLE KERNEL CORN / VEGGIES W/DIP /PEACH HALVES / FRESH STRAWBERRIES W/ WHIPPED TOPPING	Potato tots, refried beans, Garden salad, Juice Bar / Watermelon chunks	TATER TOT CASSEROLE / CHEESE GRITS / YOGURT PARFAIT / WANGO-MANGO JUICE CUP / GRAPEFRUIT WEDGES	ROMAINE SALAD, PEAS AND CAR- ROTS, WHOLE KERNEL CORN, GELATIN W/ FRUIT, PEACH SLICES, FRESH FRUIT BOWL	PLEASE SEE INDIVIDUAL SCHOOLS FOR MENU CHOICES TODAY.	
Salad Plates or Salad bar	GRILLED CHICKEN	CHEF SALAD	GRILLED CHICKEN SALAD PLATE	CHEF SALAD	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH	

Day	14	15	16	17	18
Breakfast					
Choose 1 Lunch Entrée or Salad Choice			Brea		
Must Choose at Least 1:					
Salad Plates or Salad bar					



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Adult Breakfast—\$2.00

Adult Lunch \$4.00

LoFat or Fat Free Milk Choice is served with

each meal.	Monday	Tuesday	Wednesday	Thursday	Friday
Day	21	22	23	24	25
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Muffin / Juice / Fruit	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	Manager's Choice Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Hot Dog Or Hamburger	Fish and shrimp Or Rib B Que	CHICKEN STIR FRY W/ EGG ROLL OR CHEESE BITES W/ MARINARA	CHICKEN SANDWICH Or Pizza	Managers Choice
Must Choose at Least 1:	Baked beans, veggie dippers, Lettuce, Tomato, Pickle French Fries Banana pudding	GARDEN SALAD, COLE SLAW, WHOLE KERNEL CORN ORANGES RIP SLUSHIE	CORN ON THE COBB ROMAINE SALAD VEGETABLE FRIED RICE, ORANGE WEDGES, TROPICAL FRUIT SALAD	SPINACH SALAD BAKED FRENCH FRIES CARROTS W/ DIP GELATIN W/FRUIT SLICED PEACHES	
or Salad	CHICKEN TENDER SALAD	DICED HAM W/BOILED EGG	CHICKEN TENDER SALAD	DICED HAM W/BOILED EGG	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH

Day	2328	29	30	31	1
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Muffin / Juice / Fruit	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	Manager's Choice Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Tacos (2) or Stuffed Crust Cheese Piz- za	CHICKEN FAJITA GRILLED CHEESE SANDWICH	CHICKEN BISCUIT OR PANCAKES W/SAUSAGE PATTIES (2)	Lasagna w/ Texas toast Or Pizza	Manager's Choice
Must Choose at Least 1:	LETTUCE, TOMATO SHREDDED CHESSE / STEAMED WHOLE KERNEL CORN / VEGGIES W/DIP / PEACH HALVES / FRESH STRAWBERRIES W/ WHIPPED TOPPING	Potato tots, refried beans, Garden salad, Juice Bar / Watermelon chunks	TATER TOT CASSEROLE / CHEESE GRITS / YOGURT PARFAIT / WANGO-MANGO JUICE CUP / GRAPEFRUIT WEDGES	ROMAINE SALAD, PEAS AND CARROTS, WHOLE KERNEL CORN, GELATIN W/ FRUIT, PEACH SLICES, FRESH FRUIT BOWL	PLEASE SEE INDIVIDUAL SCHOOLS FOR MENU CHOICES TODAY.
Salad Plates or Bar					
	Grilled Chicken	CHEF SALAD	GRILLED CHICKEN SALAD PLATE	CHEF SALAD	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH