



2023 Mobile County Track and Field Championships



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April 11th & 12th 2023 at Bryant High School

All entries must be made to www.al.milesplit.com Entries will close on **Friday, April 7th at 11:59pm. Don't wait until the last minute.** The entry fee is \$150.00 per team (men and women are considered separate teams). Make checks payable to "Murphy Track." All schools that receive boys and girls supplements must pay for both whether they bring one or both teams. An athletic trainer will be available.

Host Schools: Bryant High School & Murphy High School

Meet Director: Brandon Oliver - Contact: boliver@mcps.com

Teams Breakdown: Coaches, please note the following meet schedule from previous years. The meet will be broken into **1A-5A teams competing on DAY 1 (Tuesday)** and **6A-7A teams competing on DAY 2 (Wednesday)**.

Day 1 (Tuesday) teams are: Chickasaw, Cottage Hill, Faith Academy, LeFlore, Mobile Christian, B.C. Rain, St. Luke's, Satsuma, Vigor and Williamson.

Day 2 (Wednesday) teams are: Baker, Blount, Bryant, Citronelle, Davidson, McGill-Toolen, MGM, Murphy, Saraland, St. Paul's, Theodore and UMS-Wright.

Awards:

- Team Trophies – 1st & 2nd Place Girls and Boys
- Medals - 1st & 2nd place individual and relay members in each division.

Dressing: There will be no dressing rooms or showers; however, restrooms will be available.

Concessions: There will be a concession stand at the meet.

In order to provide coaches and athletes with a championship environment, these guidelines will apply:

1. A rolling time schedule will be used. Athletes must report and check in on time.
2. Each team is allowed 3 entries per individual event and 1 relay team. In the throws and horizontal jumps, athletes will have 4 throws / jumps. No prelims. Only finals.
3. ALL events and relays, will be "Finals on Time" format (no prelims).
4. Athletes must adhere to all AHSAA rules.
5. Javelin approach will be on GRASS this year. Athletes may wear cleats as desired.
6. Each school will be assigned a meet duty. Please have 1 competent person available from each school.
7. Please ensure that your athletes **DO NOT JUMP OVER FENCES** at the meet. That type of behavior may result in being asked to leave.

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Schedule of Events

SAME FOR EACH DAY

FIELD EVENTS:

START	EVENT	MINIMUM	DAY 1 DUTY SCHOOL	DAY 2 DUTY SCHOOL
3pm	Boys Discus	100'	Williamson	Bryant
	Then Girls Discus	70'	Williamson	Bryant
	Girls Javelin	70'	LeFlore	MGM
	Then Boys Javelin	100'	LeFlore	MGM
	Girls Shot Put	28'	Mobile Christian	Citronelle
	Then Boys Shot Put	38'	Mobile Christian	Citronelle
	Boys Long Jump	18'	Bryant/Murphy	Blount
	Then Girls Long Jump	14'	Bryant/Murphy	Blount
	Girls Triple Jump	30'	Chickasaw	Saraland
	Then Boys Triple Jump	38'	Chickasaw	Saraland
	Girls High Jump	4' 6" starting	St. Luke's	Murphy
	Then Boys High Jump	5' 6" starting	St. Luke's	Murphy
	Boys Pole Vault	9' 0" starting	Cottage Hill	McGill-Toolen
	Then Girls Pole Vault	7' 0" starting	Cottage Hill	McGill-Toolen

RUNNING EVENTS ON ROLLING START:

START	EVENT	DAY 1 DUTY SCHOOLS	DAY 2 DUTY SCHOOLS
3pm	3200m Run		
	4x1 Relay	B.C. Rain & Vigor	Theodore, UMS & St. Paul's
	800m Run		
	100m/110m Hurdles	Satsuma	Baker
	100m Dash		
	400m Dash		
	4x8 Relay		
	300m Hurdles	Faith Academy	Davidson
	200m Dash		
	1600m Run		
	4x4 Relay		

Est. 7:00-7:30pm Awards Presentation