

## Our Mission

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Litchfield Hills Transition Center, part of New Milford Public Schools, prepares young adults with disabilities to become productive and contributing members of the community. Our center provides developmental programs that focus on improving employability skills, increasing independence, and building stronger independent living skills.

It works on strengthening peer relationship skills that will enhance the quality of life for young adults and their families.

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## Litchfield Hills Transition Center

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New Milford Public Schools

## Whole Life Education



Litchfield  
Hills  
Transition  
Center

# About our program



Whole Life Education

**At LHTC  
Our Young Adults  
Are:**

Dedicated

Happy

Hard Working

Successful

Dependable

## **Life Skills Instruction & Curriculum**

### **Employability Skills**

Authentic work experiences that meets student interests

Learn how to be a productive and efficient employee

Increase stamina and develop the skills to use natural supports

Become an independent worker

### **Community Access Skills**

Learn how to get to the important places (work, library, post office, bank, stores...)

Train on how to successfully and safely eat out, shop & use a public laundromat

Learn to access community services

Practice using our local public transportation.

## **Functional Living Skills**

Learn problem solving skills

Learn cooking, shopping, and budgeting skills

Develop social skills to use the phone & make plans with others

### **LHTC is supported by:**

Speech Language Pathologist

School Psychologist

Social Worker

Occupational Therapist

Physical Therapist

### **LHTC Transition Teachers**

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