

DAILY BREAKFAST MENU

GRADES K-2

ALL Grains
Served are
Whole Grains!

CHOOSE ONE ITEM

8 oz Milk



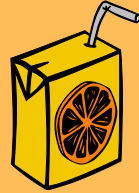
1%
Unflavored

Skim
Flavored



CHOOSE ONE or TWO DIFFERENT ITEMS

Fruit Juice



Fresh Fruit

Canned Fruit



CHOOSE ONE ITEM

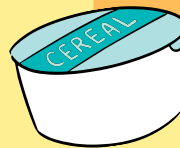
Assorted Whole
Grain Cold
Cereal or Muffin

**AND Choose one
additional item**

Low Fat Yogurt

String Cheese
Stick

Graham Crackers



or

CHOOSE ONE ITEM



Banana
Bread

Whole Grain
Bagel

Breakfast
Pizza
**(Every
Thursday)**

School Breakfast Free
to ALL Students K-12

Students must have a minimum of 3
items, one being a fruit.

ALL Breakfast Meals include Fruit & Milk!