## Sumter County Intermediate School Lunch Menu October 2024

September 30th-October 4th						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrée #1	Sloppy Joe Sandwich	Honey Garlic Chicken w/ Fried Rice	Nacho Bar	Spaghetti w/ Garlic Toast	Chicken Tenders	
Sandwich	Strawberry PB&J	Ham & Cheese Hoagie	Grape PB&J	Turkey & Cheese Hoagie	Hot Dog	
SIDES	Green Beans Potato Wedges Dinner Roll Fruit choice	Carrots & Broccoli w/ Ranch Cheese Its Fruit Choice	Black Beans Corn Dinner Roll Fruit choice	Roasted Carrots & Zucchini Squash Dinner Roll	Crinkle Cut Fries Baked Beans Fruit	
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Cobb Salad	
Grain	Doritos	Corn Crunch	Munchies Mix	Back to		
Protein	Chicken	Turkey	Ham	Chicken Salad		
Fruit Choice						

## FALL BREAK WEEK

October 14th-18th						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrée #1	Turkey & Cheese Sandwich	Ranchero Pizza	Sweet & Sour Chicken w/ Brown Rice	Uncrustable PB & J w/ Cheese Stick & Sun Chips	Hamburger Steak w/ Gravy & Homemade Roll	
Sandwich	Corn Dog	Chicken Taco w/ Shredded Lettuce & Tomato	Ham & Cheese Sandwich	Philly Cheese Steak Sandwich	Chicken Sandwich	
SIDES	Baked Beans Carrot & Celery Sticks w/ Ranch	Black Beans Corn	Roasted Zucchini, Broccoli & Carrots	Potato Wedges Carrot Sticks w/ Ranch Fruit Choice	Mashed Potatoes Green Beans Carrot & Celery Sticks w/ Ranch	

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Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Chef Salad	
Grain	Sun Chips	Wheat Thins or Cheese Its	Blueberry Muffin	Crackers: Back to Basics		
Protein	Turkey	Ham	Chicken	Chicken Salad		
Fruit Choice						

October 21st-25th						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrée #1	Pizza (Cheese, Pepperoni)	Toasted Cheese Sandwich & Beef Vegetable Soup	Chicken Alfredo Pasta	Taco Soup w/ Nacho Chips & Queso	Chicken Sandwich	
Sandwich	Grape PB&J	Italian Hoagie	Turkey & Cheese Hoagie	Corn Dog	Cheeseburger	
SIDES	Side Salad w/ Ranch Kernal Corn Fresh Fruit Choice	Tater Tots Cucumber Slices w/ Ranch Fruit Choice	Roasted Carrots & Zucchini Squash Carrots & Cucumbers w/ Ranch Dinner Roll Fruit Choice	Baked Sweet Potato Celery Sticks w/ Ranch Fruit	Potato Wedges Baked Beans Fruit Choice	
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese					
Grain	Banana Muffin	Bread Stick Graham Snack	Doritos	Munchies Mix		
Protein	Ham	Chicken	Turkey	Ham		
Fruit Choice						

October 28th- November 1st						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrée #1	Shipwrecked Chicken Bowl	Honey Garlic Chicken w/ Fried Rice	Nacho Bar	Spaghetti w/ Garlic Toast	Chicken Tenders	
Sandwich	Strawberry PB&J	Ham & Cheese Hoagie	Grape PB&J	Turkey & Cheese Hoagie	Hot Dog	

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SIDES	Green Beans Potato Wedges Dinner Roll Fruit choice	Carrots & Broccoli w/ Ranch Cheese Its Fruit Choice	Black Beans Corn Dinner Roll Fruit choice	Roasted Carrots & Zucchini Squash Dinner Roll	Crinkle Cut Fries Baked Beans Fruit	
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Cobb Salad	
Grain	Doritos	Rockin'Ola Corn Crunch (Variety)	Munchies Mix	Crackers: Back to Basics		
Protein	Chicken	Turkey	Ham	Chicken Salad		
Fruit Choice						