

SEPTEMBER 2025

JDPS LUNCH

Daily Alternate Entrée Options: Grill/Favorites, Deli Sandwiches, & Entrée Salads



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheeseburger

1 serving
FF ½ c
Nutrition Bar
Guac & Roll Beans ½ c
Choice of Fruit ½ c

Corn Dog

1 serving
Broccoli ½ c
Celery Stick ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 serving
Steak & Bake Green Beans
Baby Carrots ½ c
½ c
Nutrition Bar
Choice of Fruit ½ c

Chicken Nuggets

1 serving
Tater Tots ½ c
Cucumbers ½ c
Nutrition Bar
Choice of Fruit ½ c

Mac & Cheese & Dinner Roll

1 serving
Rice ½ c
Seasoned Carrots
½ c
Red Bell Peper ½ c
Nutrition Bar
Choice of Fruit ½ c

Hot Dog

1 serving
Stir Fry Vegetables ½ c
Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 serving Seasoned Corn ½ c Baby Carrot's Nutrition Bar Choice of Fruit ½ c

Crispy Chicken Bow & Dinner Roll

1 serving Sweet Potato Fries ½ c Cucumber's ½ c Nutrition Bar Choice of Fruit ½ c

Chicken Taco Bar

1 serving
Chile Lime Pinto Beans
Tater Totes
½ c
Nutrition Bar
Choice of Fruit ½ c

Bean Burrito

1 serving
Seasoned Broccoli ½ c
Celery ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 serving
Steak & Bake Green Beans
Baby Carrot's ½ c
Nutrition Bar
Choice of Fruit ½ c

Waffles & Cheesy Eggs

1 serving
Tater Tots ½ c
Cucumbers ½ c
Nutrition Bar
Choice of Fruit ½ c

Spaghetti & Meat Sauce

Dinner Roll

1 serving

Baby Carrots ½ c

Red Bell Pepper ½ c

Nutrition Bar

Choice of Fruit ½ c

Hot Dog

1 serving
Stir Fry Vegetables ½ c
Fresh Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 serving
Really Ranch Pinto Beans
½ c
Baby Carrot's ½ c
Nutrition Bar
Choice of Fruit ½ c

Chicken Tenders w/ Dinner Roll

1 serving Sweet Potato Fries ½ c Nutrition Bar Choice of Fruit ½ c

Cheeseburger

1 serving
Chile Lime Pinto Beans
Tater Totes
½ c
Nutrition Bar
Choice of Fruit ½ c







Choice of $\frac{1}{2}$ c fruit, nutrition bar, and $\frac{1}{2}$ pint milk included with your meal and offered daily. Nutrition Bar includes assorted fresh fruit and vegetables.











