



LUNCH

OCTOBER 2023

Leland School District

"This institution is an equal opportunity provider"

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Monday

Grilled/Spicy Chicken Sandwich **2**
 Baked Beans
 Mixed Vegetables
 Fries Chilled Fruit
 Fruit Juice
 Milk
 Chef Salad w/crackers

Hamburger/Bacon Cheese Burger **7**
 Fries
 Steamed Carrots
 Fresh Fruit
 Fruit Juice
 Chef Salad w/crackers
 Milk

FALL BREAK **16**

NO STUDENTS

Beefy Nacho Grande **23**
 Carrots w/dip
 Garden Salad W/ Dressing
 Fresh Fruit
 Fruit Juice
 Milk
 Chef Salad w/Crackers

Meatballs BBQ/Gravy/Spicy **30**
 Mashed potatoes
 California vegetables
 Rolls
 Chilled Fruit
 Fresh Fruit
 Milk
 Chef Salad w/crackers

Tuesday

Chicken Spaghetti **3**
 Glazed carrots
 Green peas
 Roll
 Fresh Fruit Fruit Juice
 Milk
 Chef Salad w/crackers

Spaghetti **10**
 Broccoli
 Green Beans
 Garlic Bread
 Fresh Fruit
 Chef Salad w/crackers
 Salad Dressing
 Milk

Buffalo Hot Wings **17**
 French Fries
 Corn on the cob
 Fresh Fruit
 Fresh Fruit
 Chef Salad w/crackers
 Salad Dressing Milk

Roasted wings w/ variety sauces **24**
 Crispy French Fries
 Tomato Cucumber Salad
 Roll
 Fresh Fruit
 Chilled Fruit
 Milk
 Chef Salad w/crackers

Chicken Strips **31**
 Pinto Beans
 California Vegetables
 Corn Bread
 Chilled Fruit
 Assorted Fruit Juice
 Milk
 Chef Salad w/ crackers

Wednesday

Chicken Fajita Wraps **4**
 Broccoli
 Tomato Cucumber Salad
 Chilled Fruit
 Fruit Juice
 Milk
 Chef Salad w/Crackers

Philly Chicken Hoagie **11**
 Crispy French Fries
 Tomato Cucumber Salad
 Fresh Oranges
 Chilled Fruit
 Milk
 Chef Salad w/crackers

Chicken Fajita Wraps **18**
 Broccoli
 Tomato Cucumber Salad
 Fresh Fruit
 Milk
 Chef Salad w/Crackers

Grilled/Spicy Chicken Sandwich **25**
 Baked Beans
 Mixed Vegetables
 Fries Chilled Fruit
 Fruit Juice
 Milk
 Chef Salad w/crackers

Thursday

Chicken Tenders **5**
 Roll
 Mashed Potatoes
 Corn on the cob
 Fresh Fruit
 Chilled Fruit
 Milk
 Chef Salad w/Crackers

Baked Pork Chop **12**
 Rice w/Gravy
 Steamed Cabbage
 Corn Bread
 Fresh Fruit
 Tropical Fruit
 Milk

Hamburger Steak **19**
 W/Gravy Rice
 Green Beans
 Rolls
 Fresh Fruit
 Chilled Fruit
 Milk
 Chef Salad w/crackers

Spaghetti **26**
 Broccoli
 Whole Kernel Corn
 Garlic Bread
 Fresh Fruit
 Chef Salad w/crackers
 Milk

Friday

Pizza **6**
 Fries
 Cucumber Tomato Salad
 Mixed Vegetables
 Chilled Fruit
 Fresh Fruit
 Milk
 Chef Salad w/crackers

Hot Dog/Chili Dog **13**
 Sweet Potato Fries
 Side Salad
 Chilled Fruit
 Fruit Juice
 Milk
 Chef Salad w/Crackers

Pizza **20**
 Whole Kernel Corn
 Fries
 Chilled Fruit
 Fresh Fruit
 Milk
 Chef Salad w/crackers

Ham and Turkey on Bun w/Trimmings **27**
 Cucumber Tomato Salad
 Assorted WG Baked Chips
 French Fries
 Fresh Fruit
 Chef Salad w/crackers
 Milk

"Menu subject to change without notice"