

Happy Valentine's Day!



FRAZIER SCHOOL DISTRICT

Inspire and Empower



MIDDLE SCHOOL

FEBRUARY 2026



Lunch Menu

Frazier participates in CEP

All Student meals are Free

Adult Lunch: \$4.85



Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks Sausage Patty/Link Golden Hashbrowns Fruit & Vegetable Bar Milk Choice	3 Nachos Grande w/ Beef, Cheese, Salsa, Sr. Cream & Broccoli Fruit & Vegetable Bar Milk Choice	4 BBQ Pulled Pork on Bun Potato Smiles Fruit & Vegetable Bar Milk Choice	5 Creamy Mac & Cheese Chocolate Chip Mini Loaf Seasoned Peas Fruit & Vegetable Bar Milk Choice	6 School Made Pizza w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
9 TEACHERS IN-SERVICE DAY	10 Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Corn & Mini Muffin Fruit & Vegetable Bar Milk Choice	11 Hot Dog on Bun w/o Cheese Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice	12 General Tso' Chicken o/ Rice Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	13 School Made Pizza w/o Pepperoni Mini Salad & Peas Fruit & Vegetable Bar Milk Choice
16 Mini Corn Dogs Potato Smiles Baked Beans Fruit & Vegetable Bar Milk Choice	17 Walking Taco w/ Beef, Cheese, Salsa, Sr Cream, Churro & Corn Fruit & Vegetable Bar Milk Choice	18 Filet of Fish on Bun French Fries & Coleslaw Fruit & Vegetable Bar Milk Choice	19 Meatballs w/ Marinara Garlic Bread Sticks Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	20 School Made Pizza w/o Pepperoni Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice
23 Chicken Smackers Mini Loaf Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	24 BBQ Rib on Bun Seasoned Carrots Fruit & Vegetable Bar Milk Choice	25 Buffalo Chicken Dippers w/ Tostito Chips Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	26 Chicken Parmesan Sandwich Potato Smiles Fruit & Vegetable Bar Milk Choice	27 Italian Dunkers w/o Marinara Sauce Seasoned Broccoli Fruit & Vegetable Bar Milk Choice

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Daily Alternates may include:
Cheeseburger on a Bun
Hamburger on a Bun
Breaded Chicken Patty/Bun
Spicy Chicken Patty/Bun
Chef Salad with Chicken
Croutons & Dinner Roll
Cold Wraps with Chips

Additional Choices of Fresh Fruits and Vegetables offered daily may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, , Baby Carrots, Cucumber Slices and Celery Sticks

Canned/Frozen Fruits can include:
Applesauce, Mandarin Oranges
Mixed Fruit, Peaches, Pears,
Pineapple Tidbits

Students are offered low fat and non fat milk choices daily and is included with all meals

Food Service Manager

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