

Menus for May/June 2024



Owosso Public Schools, Elementary Menus

Menus are subject to change, without notice.

OPS Food & Nutrition

We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions.....
989.729.5486
Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menus
<https://www.owosso.k12.mi.us/foodnutritionservices>



We

APPRECIATE

our lunch heroes!

May 3, 2024 Lunch Hero

Monday, May 6

Breakfast
WG Breakfast Round
Fruit Cup
100% Fruit Juice
Michigan Milk

Lunch
WG Zoo Crew
Chicken Nuggets
WG Fresh Roll
Sweet Corn
Baby Carrots
Great Grapes
Michigan Milk

Tuesday, May 7

Breakfast
WG Pancakes
Apple Sauce
100% Fruit Juice
Michigan Milk

Lunch
WG Beef & Cheese Taco
Refried Beans
Diced Tomatoes
Fresh Fruit
Michigan Milk

Wednesday, May 8

Breakfast
WG Banana Bread
Red Apple Slices
100% Fruit Juice
Michigan Milk

Lunch
WG Rotini
WG Garlic Breadstick
Fresh Cut Cucumbers
Celery Sticks
Fruit Cup
Michigan Milk

Thursday, May 9

Breakfast
WG Benefit Bar
Banana
100% Fruit Juice
Michigan Milk

Lunch
WG French Toast Sticks
Sausage Links
Hash brown
Green Peppers
Fruit Slushie
Michigan Milk

Friday, May 10

Breakfast
WG Fruity PopTart
Fresh Fruit
100% Fruit Juice
Michigan Milk

Lunch
Perfect WG Pizza
Tossed
Romaine Salad
Green Beans
Mixed Fruit
Michigan Milk

Available Daily

Fresh Fruit & Vegetable Bars
Freshly Baked Whole Grain Rolls
Your Choice of
White or Chocolate Michigan Milk
Fresh Daily Salads w/Gold Fish Crackers
Monday—Peanut Butter & Jelly
Tuesday—Ham Sub Sandwich
Wednesday—Peanut Butter & Jelly
Thursday—Turkey Sub Sandwich
Friday-Grilled Cheese Sandwich

Monday, May 13

Breakfast
WG Breakfast Round
Craisins
100% Fruit Juice
Michigan Milk

Lunch
"Lucky Tray Day!"
WG Mini Corn Dogs
Michigan Baked Beans
Baby Carrots
Peach Slices
Michigan Milk

Tuesday, May 14

Breakfast
WG Benefit Bar
Fresh Fruit
100% Fruit Juice
Michigan Milk

Lunch
WG Walking Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, May 15

Breakfast
WG Waffle
Apple Slices
100% Fruit Juice
Michigan Milk

Lunch
WG Bosco Sticks
Broccoli
Zucchini Coins
Fresh Pear
Michigan Milk

Thursday, May 16

Breakfast
WG Breakfast Bread
Banana
100% Fruit Juice
Michigan Milk

Lunch
WG Chicken Patty
WG Bun
Black Beans
Celery Cuts
Strawberries
Michigan Milk

Friday, May 17

Breakfast
WG Tasty PopTart
AppleSauce
100% Fruit Juice
Michigan Milk

Lunch
WG Perfect Pizza
Tossed
Romaine Salad
Red Pepper Strips
Mixed Fruit
Michigan Milk

Happy
Mother's Day

Sunday
May 12

Monday, May 20

Breakfast

WG Waffle
Fruit Cup
100% Fruit Juice
Michigan Milk

Lunch

WG Chicken Drumstick
WG Fresh Roll
Garbanzo Beans
Baby Carrots
Peach Slices
Michigan Milk

Tuesday, May 21

Breakfast

WG Breakfast Bread
Fresh Apple
100% Fruit Juice
Michigan Milk

Lunch

WG Soft Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, May 22

Breakfast

WG Breakfast Round
Fresh Fruit
100% Fruit Juice
Michigan Milk

Lunch

WG Chicken Nuggets
Yellow Corn
Green Beans
Great Grapes
Michigan Milk

Thursday, May 23

Breakfast

WG Benefit Bar
AppleSauce
100% Fruit Juice
Michigan Milk

Lunch

WG Perfect Pizza
Tossed Romaine Salad
Fresh Veg Cup
Strawberries
Michigan Milk

Friday, May 24

Breakfast

WG Fruity PopTart
Fresh Fruit
100% Fruit Juice
Michigan Milk

Sack Lunch

Owosso Public Schools

Free Breakfast
8 am - 9 am

MEET UP and EAT UP
Healthy food to fuel your summer.

Free Lunch
11:30 am - 12:30 pm

Bryant Elementary
925 Hampton Street

Monday - Thursday
June 10th - August 8th
All Sites Closed
July 1st - 5th

Emerson Elementary
515 E. Oliver Street

High/Middle School Campus
765 E. North Street

Any Child 0-18 years old or persons up to age 26 whom are enrolled in an educational program for the mentally or physically disabled that is recognized by a State or Local public educational agency. This institution is an equal opportunity provider.

Monday, May 27



Tuesday, May 28

Breakfast

WG Mini Pancakes
Raisins
100% Fruit Juice
Michigan Milk

Lunch

WG PopCorn Chicken
Fresh Vegetable
Michigan Baked Beans
Red Apple
Michigan Milk

Wednesday, May 29

Breakfast

WG Banana Bread
Fresh Apple, 100% Fruit Juice
Michigan Milk

**Beach Lunch Day!
Bring your Beach Towel!**

Cheeseburger
WG Hamburger Bun
Fresh Cut Cucumbers
Potato Smiles
Fruit Slush
Michigan Milk

Thursday, May 30

Breakfast

WG Muffin Top
Fresh Pear
100% Fruit Juice
Michigan Milk

Lunch

WG Macaroni & Cheese
WG Fresh Roll
Pepper Strips
Baby Carrots
Mixed Fruit
Michigan Milk

Friday, May 31

Breakfast

WG Tasty PopTart
Apple Slices
100% Fruit Juice
Michigan Milk

Lunch

WG Perfect Pizza
Tossed Romaine Salad
Broccoli
Diced Peaches
Michigan Milk

NUTRITION TO GO

Pizza and fries - that has to be a junk food meal, right? WRONG! Kids love the taste of our pizza and fries, sure. But those items are also formulated to be healthier than you might assume, especially when they are part of a complete, nutritious meal like the meals we serve every day!

A QUICK BITE FOR PARENTS

Monday, June 3

Breakfast

WG Breakfast Round
Fruit Cup
100% Fruit Juice
Michigan Milk

Lunch

WG Zoo Crew
Chicken Nuggets
WG Fresh Roll
Romaine Salad
Baby Carrots
Great Grapes
Michigan Milk

Tuesday, June 4

Breakfast

WG Breakfast Bar
Fresh Orange
100% Fruit Juice
Michigan Milk

Lunch

WG Beef & Cheese Taco
WG Fresh Roll
Shredded Lettuce
Diced Tomato
Shredded Cheese
Red Apple
Michigan Milk

Wednesday, June 5

Breakfast

WG Banana Bread
Red Apple Slices
100% Fruit Juice
Michigan Milk

Lunch

WG Perfect Pizza
Tossed Romaine Salad
Broccoli
Summer Slushie
Michigan Milk

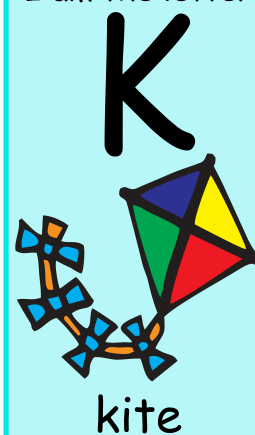
Thursday, June 6

Breakfast

Tasty Breakfast Choice
Fresh Fruit
100% Fruit Juice
Michigan Milk

Sack Lunch

I am the letter



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Smile. It's summer!
We'll see you next year. Enjoy!