

Rappahannock County Elementary School

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| 1 NO SCHOOL Spring Break | 2 NO SCHOOL Spring Break | 3 Sausage Gravy & Biscuit Parfait Cereal & Grahams Fruit, Juice & Milk | 4 Panther Sandwich Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk | 5 Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk |
| 8 Sausage & Egg Biscuit Waffles Cereal & Grahams Fruit, Juice & Milk | 9 Chicken Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk | 10 Sausage Gravy & Biscuit Parfait Cereal & Grahams Fruit, Juice & Milk | 11 Panther Sandwich Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk | 12 Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk |
| 15 Sausage & Egg Biscuit Waffles Cereal & Grahams Fruit, Juice & Milk | 16 Chicken Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk | 17 Sausage Gravy & Biscuit Parfait Cereal & Grahams Fruit, Juice & Milk | 18 Panther Sandwich Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk | 19 Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk |
| 22 Sausage & Egg Biscuit Waffles Cereal & Grahams Fruit, Juice & Milk | 23 Chicken Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk | 24 Sausage Gravy & Biscuit Parfait Cereal & Grahams Fruit, Juice & Milk | 25 Panther Sandwich Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk | 26 Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk |
| 29 Sausage & Egg Biscuit Waffles Cereal & Grahams Fruit, Juice & Milk | 30 Chicken Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk |  | | |

Harvest of the Month: LETTUCE
Rappahannock County Elementary School

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| 1 NO SCHOOL Spring Break | 2 NO SCHOOL Spring Break | 3 Bacon & Chicken Sandwich Lima Beans & Corn PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 4 Chicken Rice Bowl Broccoli & Carrots PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 5 Corn Dog Peas & French Fries PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk |
| 8 Sloppy Joe Sandwich Cole Slaw & French Fries PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 9 BREAKFAST French Toast, Sausage Hash Brown Apple Crisp PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 10 Hamburger Mashed Potatoes Green Beans PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 11 LUNCHABLE Ham, Turkey & Cheese Red & Orange Peppers Broccoli PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 12 Chicken Strips Carrots & Wedges PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk |
| 15 Taco Lettuce & Tomato Salsa & Broccoli PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 16 Quesadilla Rice & Pinto Beans PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 17 Pizza Side Salad Corn PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 18 Beefy Mac & Cheese Peas & Carrots PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 19 Hot Dog French Fries & Bake Beans PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk |
| 22 Italian Sub French Fries & Veggie Cup PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 23 Bacon Cheeseburger Lettuce & Tomato Onion Rings & Green Beans PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 24 Chicken Alfredo Peas & Carrots PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 25 Turkey Wrap Lettuce & Tomato Broccoli Sweet Potato Fries PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 26 Chicken Nuggets Lima Beans & Corn PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk |
| 29 Bologna Sandwich Smileys & Peas PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk | 30 Chili Cheese Nachos Tomato/Corn Salsa Broccoli PB&J Sandwich Salad Bar & Baked Potato Fresh Fruit & Milk |  | | |