

PARENT GUIDELINES FOR ISOLATION AND QUARANTINE

SAU # 7 has new procedures for isolation and quarantine which are based on those of NHDHHS. The guidance is adopted from CDC’s updated guidance as outlined in the following tables.

Persons Required to Isolate	Required Actions
<p>Positive COVID-19 result, with or without symptoms, regardless of vaccination status and regardless of previous COVID-19 infection.</p>	<ul style="list-style-type: none"> • Isolate for 5 days minimum • If symptoms have improved and fever free for 24 hours without intervention, may obtain negative antigen test result on day 5 and discontinue isolation if willing to correctly wear a face covering for an additional 5 days • If symptoms are not improved, fever remains, antigen testing is positive or not completed on day 5 or thereafter, or a mask cannot be worn correctly for an additional 5 days, continue to isolate for 10 days from onset of symptoms or positive test date prior to discontinuing isolation
Persons Required to Quarantine	Required Actions
<p>Household contacts who are not vaccinated or who are not up to date** on COVID-19 vaccination.</p> <p>**Up to date on COVID-19 vaccination per DHHS: “completed a primary COVID-19 vaccine series (the single dose J&J Janssen vaccine, or a 2-dose series of the Pfizer BioNTech or Moderna vaccine) AND any booster shots which they are eligible for and recommended to receive.”</p> <p>CDC guidelines regarding booster vaccines can found here: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html</p>	<ul style="list-style-type: none"> • Quarantine in the home for 5 days from the last date of exposure. The last date of exposure is considered day “0,” beginning on the last date of contact with the infected person • Monitor for symptoms and wear a mask for 10 days from the last date of exposure • Test at 5 days from the last date of exposure, with a recommendation to test again at 10 days from the last date of exposure • If a test result is positive, begin isolation from onset of symptoms or from positive test date if asymptomatic. Follow isolation guidance above

Persons not Required to Quarantine	Required Actions
<p>Non-household exposures, household contacts who will provide documentation of up to date status on COVID-19 vaccination, or unvaccinated household contacts who will provide documentation of positive COVID-19 results within the last 90 days (quarantine period must lie completely inside 90 day window).</p>	<ul style="list-style-type: none"> • Wear a mask for 10 days from the last date of exposure • If symptoms develop, stay home and seek testing for COVID-19 • Test at 5 days from the last date of exposure, with a recommendation to test again at 10 days from the last exposure • If test result is positive, begin isolation from onset of symptoms or from positive test date if asymptomatic. Follow isolation guidance above

Note: All guidelines are subject to stricter interpretation as deemed necessary by School Nursing staff.

1-17-22