

DECEMBER 2025

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : K-8 Grades Allergen Free Lunch Menu

Options : Hot Meals

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

NO DAIRY
NO GLUTEN (NO WHEAT)
NO EGG
NO SOY
NO FISH

NO SHELL FISH
NO SESAME (SEEDS & OIL)
NO PEANUTS
NO TREE NUTS
NO SUNFLOWER (SEEDS, OIL & BUTTER)

Week I HOT MEAL	Monday, 12/1/2025	Tuesday, 12/2/2025	Wednesday, 12/3/2025	Thursday, 12/4/2025	Friday, 12/5/2025
	Yummy Beef & Scallion	Chicken Sukkhar	Beef Fried Rice	Spice Rubbed Chicken Fillet	Beef Taco Meat Over Rice
	Golden Corn Chips	Steamed Rice	Fresh Broccoli	Steamed Rice	Serve Seasoned Beef on Brown Rice
	Black Bean & Fresh Carrots	Steamed Green Beans	Fruit of the Day	Baby Carrots	Steamed Black Beans & Corn
	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day	Fruit of the Day & Corn Chips
	Milk Substitute	Milk Substitute		Milk Substitute	Milk Substitute
Week II HOT MEAL	Monday, 12/8/2025	Tuesday, 12/9/2025	Wednesday, 12/10/2025	Thursday, 12/11/2025	Friday, 12/12/2025
	Chicken Supreme	Beef Nachos	Marinated Grilled Chicken Fillet	Chicken Pilaf	Beef & Potatoes
	Steamed Rice	Taco Beef & Golden Corn Chips	Brown Rice	Crisp Broccoli	Steamed Rice
	Steamed Green Beans	Black Bean & Corn	Fresh Baby Carrots	Fruit of the Day	Steamed Peas
	Fruit of the Day	Fruit of the Day	Fruit of the Day	Milk Substitute	Fruit of the Day
	Milk Substitute	Milk Substitute	Milk Substitute		Milk Substitute
Week III HOT MEAL	Monday, 12/15/2025	Tuesday, 12/16/2025	Wednesday, 12/17/2025	Thursday, 12/18/2025	Friday, 12/19/2025
	Chicken Fried Rice	Beef & Broccoli	Chicken Fajita w/Rice	Beef Meatballs	Chicken & Potatoes
	Steamed Broccoli	Brown Rice	Seasoned Chicken & Peppers	Brown Rice	Steamed Rice
	Fruit of the Day	Steamed Corn	Served w/ Brown Rice	Steamed Carrots & Peas	Fresh Carrot Slims
	Milk Substitute	Fruit of the Day	Black Beans	Fruit of the Day	Fruit of the Day
	Milk Substitute	Fruit of the Day & Milk Substitute	Corn Chips & Milk Substitute	Milk Substitute	
Week IV HOT MEAL	Monday, 12/22/2025	Tuesday, 12/23/2025	Wednesday, 12/24/2025	Thursday, 12/25/2025	Friday, 12/26/2025
	WINTER BREAK - NO SCHOOL				
Week V HOT MEAL	Monday, 12/29/2025	Tuesday, 12/30/2025	Wednesday, 12/31/2025		
	WINTER BREAK - NO SCHOOL				

Milk / Milk Substitute offered daily. Milk Substitute includes but not limited to Soyfree milk, Lactose Free Milk or Cow's Milk (For Non-Dairy Allergic Participants) etc.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.