

## WOODLAND HIGH SCHOOL DESK AUDIT

State how comprehensive health education is implemented including:

- A. Provide a link (URL) to syllabi of course descriptions for all comprehensive health education courses including CPR instruction and use of an Automated External Defibrillator (AED).

[https://docs.google.com/document/d/1IkbnAuXVyZkjeyapB\\_tofNow5hpfJfykoFJdqPG-Yg4/edit](https://docs.google.com/document/d/1IkbnAuXVyZkjeyapB_tofNow5hpfJfykoFJdqPG-Yg4/edit)

- B. Explain how comprehensive health instruction is provided at your school and who provides the instruction.

Comprehensive health instruction is provided at Woodland High School by Heritage Keepers.

Information about Heritage Keepers Abstinence Education:

### The Abstinence Education Component

This is delivered by Heritage Community Services staff to our high school students, beginning in ninth and continuing throughout high school. At Woodland High School, this portion of the Heritage Keepers® Program is designed for all students in the high school's physical education classes. The classes are scheduled to accommodate students' schedules, and are typically delivered by Heritage Community Services staff over five consecutive days over the course of two weeks in 90-minute sessions. Students are divided into single-sex groups, with each group attending the Abstinence Education classes. The curriculum aims to increase knowledge and awareness of pregnancy and STD risks and to empower adolescents to abstain from sexual activity.

### The Life Skills Education Component

The focus of this evaluation, is a voluntary, multiyear, character-based program intended to enhance life skills believed to support abstinence. It is designed to foster personal responsibility, with the goal of empowering students to avoid risky behaviors and to maximize their potential and opportunities. The program is intended to create a positive peer culture within the school and, over time, change the overall school and peer culture to be more supportive of abstinence. The component is delivered by Heritage Community Services staff and is implemented within the school during regular class hours.

- C. Provide a list of instructional materials used in teaching comprehensive health. Make sure this list is posted on your website.

The Heritage Keeper Community Services staff distributes workbooks which uses as student manual to each individual student within the classroom. These are utilized guided practice as well as independent practice during the ninety minute instructional time. The Heritage Keeper Community Service staff cover topics within the student manual such as abstinence, emotional consequences, drugs and alcohol, pornography, cyberbullying, boundaries, refusal skills, being respectful while dating, etc.

Holt – Lifetime Health – Student Edition (9<sup>th</sup> – 12<sup>th</sup> Grades)

\*State Owned Book ISBN: 0-03-077973-1 Cost: \$101.05

Holt, Rinehart, Winston - 2007 State ID: 978-0-03-067201-9

· Botvin Life Skills Training (Workbook) – Gilbert J. Botvin – 2013, Levels: (9-12) High School

*Promoting Health and Personal Development*

Princeton Health Press ISBN: 978-0-933665-43-9

· Heritage Keepers – Abstinence Based Sex Education and Life Skills

U.S. Department of Health and Human Services – Heritage Community Services

- D. Explain how each student in grades 9-12 receives required instruction in comprehensive health education that includes all required topics plus 750 minutes of reproductive health and pregnancy prevention.

All students enrolled in the PE1/Health course participate in the two week long Heritage Keepers Curriculum for ninety minutes each class period. Two weeks amounts to ten class periods. Those class periods are ninety minutes in duration, which amounts to four hundred and fifty minutes per week and nine hundred minutes over the course of two weeks.

- E. Describe how Erin’s Law (Act 293) is being implemented.

Erin’s Law (Act 293) is covered within the curriculum of Heritage Keepers. For example, Heritage Keepers Community Service staff cover topics such as, values, goals, boundaries in relationships, dangerous and harmful relationships, being aware of messages you send and of possible dangers, keeping SAFE and refusal skills. All school personnel are required to participate in the Darkness to Light Stewards of Children. Training and certification. Parents receive documentation which includes a student permission form and information as to what their student will learned and be present by the Heritage Keepers curriculum. Therefore, parents have the opportunity to review the information and ask any necessary questions. This occurs prior the beginning of the curriculum being taught.

- F. PowerSchool must show the correct activity code for health.