



May 19, 2017

Dear Parents/Guardians/Caregivers

Several children and/or youth in our school/district or neighboring districts have been sick with a stomach illness. The symptoms may include, but are not limited to nausea, vomiting, diarrhea and/or fever.

At the recommendation of San Joaquin County Public Health,

- If you or your child develops these symptoms, please keep them at home until they are no longer vomiting, experiencing diarrhea and/or fever and nausea. They must be free of symptoms for 48 hours.
- Wash your hands and have your child/adolescent wash his/her hands often with soap and water, especially after contact with vomit or stool. Hand sanitizer can be used if no water is around. However, it is not a replacement for using soap and water.
- Clean all areas that have come in contact with diarrhea or vomit. Use a ten percent bleach solution (5 teaspoons to one cup of water) or a disinfectant that kills viruses.
- Discourage your child/youth from sharing drinks, food or other items that can transmit viruses and bacteria.
- Notify the school and tell them your child's symptoms.
- Consult with your doctor and let them know that other students at your child's school may have these symptoms. The doctor may want to take a sample of your child's stool.
- Contact the school if you have more questions.
- Fluid is lost in diarrhea and vomiting. Make sure your child/adolescent is able to drink fluids. If your child/adolescent becomes weak or is unable to drink fluids, seek medical care.

In collaboration with San Joaquin County Public Health, local school districts and school nurses are taking measures to prevent the spread illnesses by encouraging good handwashing and proper cleaning measures within schools and at home.

Sincerely,

A handwritten signature in black ink, appearing to read "Ziggy Robeson", written over a horizontal line.

Dr. Ziggy Robeson, Superintendent