Por	tage Area School District – High School Lunch Menu (7-12)			September 2021	
Monday	Tuesday	Wednesday	Thursday	Friday	Student lunch med
		1	2	3	includes: Meat/meat alternative Grain Vegetable Fruit Choice of
6	7	8	9	10	mílk Students must tak a fruít or a vegetable with the meal.
					Wrap Grab N Go offere daily.
13	14	15	16	17	Milk Included Daily Wilk Included Daily w/Meal 1% and Nonfat Varieti
					All students eat breakfast & lunch at no cost!
20 Grilled Chicken/Biscuit Popcorn Chicken/T-roll French Fries	21 Taco In a Bag Popcorn Chicken/T-roll Side Salad with Sliced Tomato	22 General Tso Chicken/Steamed Brown Rice Popcorn Chicken/T-roll	23 Spaghetti/Meat Sauce/T-roll Popcorn Chicken/T-roll Side Salad with Sliced	24 Hot Dog/Bun Soft Pretzel Popcorn Chicken/T-roll Baked Beans	*Extras available for purchase*
Cucumber/Tomato Salad Banana Craisins (9 th -12 th only) Apple Juice	Chilled Peaches Craisins (9 th -12 th only) Orange Juice Sugar Cookie	Steamed Broccoli Side Salad with Cheese Apple Slices Craisins (9 ^{th-} 12 th only) Blue Raspberry Juice	Cucumber Applesauce Craisins (9 th -12 th only) Grape Juice Rold Gold Pretzels	Fresh Veggie Boat Mandarin Oranges Craisins (9 th -12 th only) Fruit Punch Juice Choc. Pudding (9 th -12 th only)	
27 Popcorn Chicken/T-roll Turkey/Cheese Croissant Fresh Red Pepper Slices Emoticon Fries Banana Apple Juice	28 Chili/Crackers/T-roll Turkey/Cheese Croissant Fire Roasted Sweet Potato Cubes Side Salad with Cheese Chilled Pears Orange Juice Apple Churro	29 Cheesy Noodles with Beef Turkey/Cheese Croissant Side Salad with Tomato Apple Slices Blue Raspberry Juice	30 Philly Steak Hoagie/Bun Turkey/Cheese Croissant Side Salad with Sliced Cucumber Mixed Fruit Grape Juice Cheez-its		