



LUNCH

SEPTEMBER 2023

Hadley-Luzerne Jr.-Sr. High School

Every STUDENT eats free!!!

Extras, snacks and drinks can be purchased by using cash, or off the student's accounts.

Monday

Tuesday

Wednesday

Thursday

Friday

NO
SCHOOL

4

NO
SCHOOL

5

NO
SCHOOL

6

Offered Daily:

- *Peanut Butter & Jelly Powerpacks
- *Pizza Powerpacks
- *Wraps/Sandwiches
- *Salads

Nugs

Chicken Nuggets
Sweet Potato Fries
Melba Sauce
Breadstick
Sliced Cucumbers

7

Pizza Day

Cheese, Pepperoni,
Assorted Pizza
Roasted Cauliflower
Cherry Tomatoes

1

8

Chicken Patty

Chicken Patty
on WG Bun
Tater Tot
Green Beans
Baby Carrots

11

Taco Tuesday

Seasoned Ground Beef
on a WG Tortilla
Lettuce, Tomato, Shredded Cheese
Refried Beans
Red Pepper Strips

12

Dippin' Day

Buffalo Chicken Dip
WG Tortilla Chips
Roasted Broccoli
Sliced Cucumbers

13

Brunch for Lunch

Mini Waffles
Sausage Links
Hash Browns
Steamed Corn
NYS Grape Juice

14

Mozzarella Sticks

Mozzarella Sticks
Marinara Sauce
Breadsticks
Peas
Cherry Tomatoes

15

Chicken Wraps

Chicken, Bacon, and Ranch or
Buffalo Chicken
on a WG Tortilla
Oven Baked Fries
Sliced Cucumbers

18

BBQ Pulled Pork

BBQ Pulled Pork Sandwiches
on WW Roll
Tater Tot
Cole Slaw
Red Pepper Strips

19

Eagles Bowl

Popcorn Chicken
Mashed Potatoes
w/Gravy
Steamed Corn
WW Dinner Roll

20

Cheeseburgers

Cheeseburgers on a WW Roll
Lettuce, Tomatoes
Curly Fries
Baked Beans
Baby Carrots

21

Pizza Day

Cheese, Pepperoni,
Assorted Pizza
Roasted Cauliflower
Cherry Tomatoes

22

Chicken Tenders

Chicken Tenders
w/ Dipping Sauce
Sweet Potato Fries
WW Dinner Roll
Sliced Cucumbers

25

Take Out Tuesday

Teriyaki Chicken
Lo Mein
Mixed Vegetables
Red Peppers Strips

26

Loaded Nachos

Seasoned Ground Beef
Tortilla Chips w/ Nacho Cheese
Salsa, Sour Cream, Tomatoes
Steamed Corn
Baby Carrots

27

Big Mac Wraps

Ground Beef w/Mac Sauce
Lettuce, Shredded Cheese
On a WG Wrap
Curly Fries
Sliced Cucumbers

28

Dipper Day

Cheese filled Breadsticks
Marinara Sauce
Roasted Broccoli
Cherry Tomatoes

29

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2112 ext 3117, or email HYPERLINK

"mailto:scheffco@hlcs.org" scheffco@hlcs.org.