

Frazier Middle School April 2024 Lunch Menu



Director of Food and Nutrition: Kelly Calderone

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724-736-9507 x431



Daily Choices May Include:
Grilled Chicken Patty Sandwich
Cheeseburger or Hamburger
Breaded Chicken Sandwich
BBQ Rib on a Bun
Spicy Chicken Patty Sandwich



If Pizza's available -may Include:

Pepperoni Pizza
Cheese Pizza
White Pizza



Whole Grains Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
April 1st Easter Holiday Break No School	April 2nd Meatballs with Marinara and Garlic Breadsticks Green Beans Applesauce Low/Non Fat Milk	April 3rd Chicken Parmesan Sandwich Mixed Vegetables Pears Low/Non Fat Milk	April 4th Salisbury Steak with Sliced Bread Mashed Potatoes with Gravy Mixed Fruit Low/Non Fat Milk	April 5th Italian Dunkers Golden Corn Peaches Low/Non Fat Milk
April 8th Pasta with Meatsauce and Bread Slice Green Beans Apple Low/Non Fat Milk	April 9th General Tso with Rice Steamed Broccoli Mixed Fruit Low/Non Fat Milk	April 10th Cheeseburger on Bun Baked Beans Applesauce Low/Non Fat Milk	April 11th Cream Chicken over Biscuits Mashed Potatoes with Gravy Peaches Low/Non Fat Milk	April 12th Grilled Cheese Tomato Soup Pears Low/Non Fat Milk National Grilled Cheese Day
April 15th Chicken Quesadilla Black Beans Mixed Fruit Low/Non Fat Milk	April 16th Walking Taco with Bread Slice Steamed Corn Apple Low/Non Fat Milk	April 17th BBQ Rib on Bun Steamed Carrots Peaches Low/Non Fat Milk	April 18th Lasagna Rollup with Garlic Breadstick Green Beans Mandarin Oranges Low/Non Fat Milk	April 19th Mini Corn Dogs Mixed Vegetables Applesauce Low/Non Fat Milk
April 22nd Hot Ham and Cheese on Bun Steamed Carrots Apple Low/Non Fat Milk	April 23rd Popcorn Chicken Bowl with Bread Slice Mashed Potatoes with Gravy Peaches Low/Non Fat Milk	April 24th Hot Dog on Bun Green Beans Applesauce Low/Non Fat Milk	April 25th French Toast Sticks with Sausage Patties Tator Tots Mixed Fruit Low/Non Fat Milk	April 26th Macaroni and Cheese with Bread Slice Mixed Vegetables Pears Low/Non Fat Milk
April 29th Buffalo Chicken Panini Steamed Carrots Apple Low/Non Fat Milk	April 30th Chili with Biscuits Golden Corn Pears Low/Non Fat Milk		Now Hiring Café Subs! Work while your child or grandchild is in school! No nights or weekends, holidays off!	



***Must take at least one 1/2 cup of fruit or vegetable**

***Vegetable Bar May includes:**

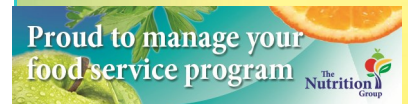
Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

***Fruits may include:**

Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce



Milk Choices Offered Daily:
 1% white and non fat flavored



Lunch Prices: Paid \$2.45 Reduced FREE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE