



OCTOBER 2026

JDPS LUNCH

Daily Alternate Entrée Options: Deli Sandwiches, & Entrée Salads



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken Nuggets

1 serving
Tater Tots ½ c
Dinner Roll
Nutrition Bar
Choice of Fruit ½ c

Beef Nacho's

1 serving
Peas & Carrots ½ c
Nutrition Bar
Choice of Fruit ½ c

Hot Dog

1 serving
Curry Roasted Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 ea.
Galic Herb Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Beef Pasta Bake

Garlic & Herb Butter Green
Green Beans ½ c
Breadstick
Nutrition Bar
Choice of Fruit ½ c

Cheeseburger

1 serving
Corn ½ c
Nutrition Bar
Choice of Fruit ½ c

Corn Dog

1 serving
Seasoned Corn ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 serving
Lemon Parmesan Roasted
broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c



Breakfast For Lunch

1 serving
Tater Tots ½ c
Nutrition Bar
Choice of Fruit ½ c

Taco's

1 serving
Charro Beans ½ c
Nutrition Bar
Choice of Fruit ½ c

Chicken Drumsticks

1 serving
Glazed Broccoli ½ c
Nutrition Bar
Choice of Fruit ½ c

Spaghetti and Meat Sauce

Herb Gren Beans ½ c
Nutrition Bar
Choice of Fruit ½ c



Popcorn Chicken / Dinner Roll

Roasted Potato's ½ c
Nutrition Bar
Choice of Fruit ½ c

Nacho Bar

1 serving
Cheesy Beans ½ c
Rice ½ c
Nutrition Bar
Choice of Fruit ½ c

Fish Sticks /MG Chips

1 serving
Glazed Carrots ½ c
Nutrition Bar
Choice of Fruit ½ c

Pizza

1 serving
Mixed Veggies ½ c
Nutrition Bar
Choice of Fruit ½ c



Choice of ½ c fruit, nutrition bar, and ½ pint milk included with your meal and offered daily.
Nutrition Bar includes assorted fresh fruit and vegetables.

BeWell Healthy Choice

Vegetarian (Ovo-Lacto)

Local

Global Bites Feature

So Good Feature

This institution is an equal opportunity provider.

K-12