**FOREST HILLS**

**VARSITY CROSS COUNTRY AS OF (8/28/25)**

**2025**

***Date Day Place Time Bus***

9/5 FRI MADISON 3:15 walk/4:15 RACE 1:15 p.m.

 Weston Woods and Waters (382-380 Weston Ave, Madison, ME 04950)

9/18 THU WINTHROP 3:00 walk/4:00 RACE 11:30 a.m.

 211 Rambler Rd., Winthrop, ME, 04364

9/30 TUE SPRUCE MOUNTAIN 2:30 walk/3:30 RACE 11:00 a.m.

 33 Community Dr, Jay, ME 04239

10/2 THU HOME (MS Meet) 3:30 walk/4:00 RACE N/A

10/10 FRI LISBON 2:45 walk/3:45 RACE 11:00 a.m.

 Beaver Park, (Pinewoods Rd, Lisbon, Me, 04250, US)

10/15 WED EAST-WEST CHAMPIONSHIP 2:45 walk/3:45 RACE 12:15 p.m.

 @ UMA Boys Run First

10/25 SAT MPA Regional Championship Girls @1:40/Boys @2:20 p.m. 8:30 a.m.

 @ Twin Brook Recreation Park

 Cumberland, ME

11/1 SAT State Championships TBD TBD

If individual only:

\*NO BUS/Parent/Guardian responsibility\*

Head Coach: Lindsay Begin

MS Coach: Veronica Feliberty

Athletic Director: Evan Worster

Phone: (207) 668-5291