

# December 2021

# Middle School Lunch Menu

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**Did you know?**  
The first day of winter is on either December 21 or 22 - it is the shortest day of the year and the longest night.

**6**  
Cheeseburger  
Pepperoni RipSticks  
Boneless Wings w/ Roll  
Protein Pack  
French Fries  
Cheesy Broccoli

**7**  
Beef Nachos  
Spicy Chicken Sandwich  
Loaded Potato Soup  
PBJ Uncrustable  
Corn  
Fried Okra

**8**  
Chicken Sandwich  
Cheesy Bites  
Baked Chicken w/ Roll  
Protein Pack  
Spicy Cabbage  
Mashed Potatoes

**9**  
General Tso's w/ Rice  
Cheeseburger  
Mashed Potato Bowl  
PBJ Uncrustable  
Baked Beans  
Green Beans

**10**  
Chicken Tenders w/ Roll  
Pizza  
BBQ Sandwich  
Protein Pack  
French Fries  
Squash Casserole

**13**  
Cheeseburger  
Pepperoni RipSticks  
Boneless Wings w/ Roll  
Protein Pack  
French Fries  
Cheesy Broccoli

**14**  
Chicken Nachos  
Spicy Chicken Sandwich  
Chili  
PBJ Uncrustable  
Corn  
Fried Okra

**15**  
Chicken Sandwich  
Cheesy Bites  
Meat Loaf w/ Roll  
Protein Pack  
Spicy Cabbage  
Mashed Potatoes

**16**  
General Tso's w/ Rice  
Cheeseburger  
Breakfast for Lunch  
PBJ Uncrustable  
Baked Beans  
Green Beans

**17**  
**Half Day**  
Lunch will be provided.  
Choices may vary by school. Please contact your school for more information.

**20**

**21**  
**W**

**22**  
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**23**  
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**24**  
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**27**

**28**  
**W**

**29**  
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**30**  
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**31**  
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**28**  
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**29**  
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**30**  
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**31**  
**a**

**28**  
**B**

**29**  
**r**

**30**  
**e**

**31**  
**a**

Student Meals are free for School Year 2021-2022. Visitor Lunches are \$3.75.

Daily menu may change due to product availability or celebration meals. Please see your school's administration for a school calendar.

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For more information, find us online at [www.hcbe.net/schoolnutrition](http://www.hcbe.net/schoolnutrition)

All lunches are served with fresh salad options and a choice of Milk and/or Water.

